

### **NETWORK NEWS** Quarterly resource publication for single mothers

March-June 2019 Vol. 37 - No. 1

**HOPE Network for Single Mothers** 

Call or email to be added to News mailing list: 262-251-7333 admin@hopenetworkinc.org

### Check out the affordable summer camps



It may seem early, but now is the time to apply if you want to see your kids enjoying camp experiences this summer.

We found dozens of free or low-cost camps, plus others that offer scholarships to make them affordable. See pages 12, 26 and 27 for camps, and Grammy Pammy's column on p. 7 on how she tackles camp registration.

Canoeing fun at the Urban Ecology Center

### Single mothers: Don't miss a thing in 2019!

- Join HOPE Network (or renew) for \$5 and receive:
- · Email updates with special offers
- · Opportunity to apply for HOPE's scholarships
- Opportunity to apply for a portable crib & layette (infant supplies)
- · Access to our community and special offers in our members-only Facebook group
- · Free classified advertising in HOPE Network News

Single mothers who would like to join can download the application from www.hopenetworkinc.org/membership.php, or call 262-251-7333, and we will mail you one.



# **SCHOLARSHIPS** SINGLE MOTHERS, APPLY NOW

**HOPE Network is offering its** annual educational grants for technical school or college. Funds may be used for tuition, day-care costs while the mother attends class, or both.

Find details and complete the application at www.hopenetworkinc.org.

**Applications** are due April 30 at noon.

> We'd like to award eight scholarships of \$1,500 each, but we need your help! Please see back cover to donate.

### Join us for HOPE Network's Fall FUNdraiser...

in a NEW place (just down the road) with a NEW theme! We'll still have our incredible silent auction - plus raffles, games, dinner, program and more! Details will follow in a future issue of the News.

Can't wait to celebrate HOPE Network? Join our planning committee! This fun night requires many helping hands. Our lively team of volunteers is always looking for new members.

No time to plan? Consider donating a silent auction or raffle item. Our unbeatable silent auction depends on the generous support of our many local friends. We are currently accepting silent auction donations at our office in Good Shepherd Catholic Church, Menomonee Falls - or give us a call, and we can pick up at your convenience!

We are also seeking event sponsors. Your tax-deductible gift to support our mission will be recognized in event materials. For details on any of these opportunities, call 262-251-7333 or email admin@ hopenetworkinc.org. Thank you for your support.

### HOPE NETWORK NEWS

Quarterly community resource publication by HOPE Network for Single Mothers Phone: 262-251-7333 Fax: 262-251-2088 General inquiries info@hopenetworkinc.org Membership & business admin@hopenetworkinc.org Website: www.hopenetworkinc.org Mailing address: PO Box 531, Menomonee Falls, WI 53052 Office location: Room #201, Good Shepherd Church, N88 W17658 Christman Rd., Menomonee Falls, 53051 Office hours: 9am-2pm Mon-Thurs. Staff: Liz Beaudoin, Executive Director Jo Ann Durrett, Office Manager Pauline Beck, News Editor Editorial Researchers: Alison Kriegel, Ben Pliskie, Barb Schmit, Pat Wille, Marilyn Schultz, Karen Hebert Columnist: Pam Oberg-Sutton **Board of Directors** 

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See information on HOPE Network's services on back page.

### **Mobile Legal Clinic**

One-time consultation with an attorney offering free, brief legal advice on civil matters (family law, landlord-tenant issues, small claims, large claims, credit-consumer issues. Run by Marquette & Milw. Bar Assn. www.mkemobilelegalclinic.com

Mar. 25 5-7pm Sixteenth Street Clinic, 2906 S 20 Mar. 28 8:30-10:30am St. John's West, 5500 W. Greenfield. Apr. 5 2-4pm Mill Rd Library, 6431 N 76th Apr. 12 2-4pm Milw. Rescue Mission-Marquette, 830 N 19 Apr. 13 12:30-2:30pm City on a Hill, 2224 W. Kilbourn Ave. Apr. 22 5-7pm Sixteenth Street Clinic, 2906 S 20 Apr. 25 8:30-10:30am St. John's West, 5500 W. Greenfield Ave. May 3 2-4pm Mill Rd Library, 6431 N 76th May 9 10-12p Bradley Crossing 4375 W Bradley Rd/Brown Deer May 10 2-4pm Milw. Rescue Mission-Marquette, 830 N 19 May 18 10am-noon Hope House, 209 W Orchard St May 20 5-7pm Sixteenth Street Clinic, 2906 S 20 May 23 8:30-10:30am St. John's West, 5500 W. Greenfield June 7 2-4pm Mill Rd Library, 6431 N 76th June 8 12:30-2-30 City on a Hill, 2224 W. Kilbourn Ave. June 14 2-4pm Milw. Rescue Mission-Marquette, 830 N 19 June 15 9:30-11:30 Despensa de la Paz, 1615 S. 22

### **Problems with public benefits?**

Legal Action of Wis: free legal assistance for W-2, food stamps, medical assistance, childcare, or other public benefit problems. Also: family law, landlord/tenant, school problems. Call 278-7722, 888-278-0633 for times/location. Other help: Repairers of the Breach, 934-9305; Welfare Warriors Helpline: 342-6662

**Brain Expo** March 16: Explore the workings of the brain through interactive exhibits and presentations by neuroscientists. Educational hands-on activities for adults and children. Medical College of Wisconsin - Alumni Center, 8701 W Watertown Plank Rd. Free.

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Pages 26-27 Summer camps, Donor/volunteers

### Deadlines for news items for upcoming issues:

Dec 1, Mar 4, June 4, Sept 4 email: pcbeck@sbcglobal.net

### Keep our list updated

Even though you notified the post office with your address change, please call us with your new address! It's very important, and will allow us to continue sending this publication to you for free! Thanks!

Call us at 262-251-7333 or email admin@hopenetworkinc.org

### See this newspaper on our web site

Have it at your fingertips, in your computer, for reference! A .pdf of the paper is on our site: www.hopenetworkinc.org

### Go green! We can e-mail this paper Contact us at admin@hopenetworkinc.org

### Legal help, walk-in clinics

Centro Legal: attorneys provide free or low-cost representation for family law, criminal misdemeanor cases. Free short consultations for divorce, paternity, child placement, or child support issues every Wednesday afternoon; you must call 384-7900 for an appointment. Additional services are on a sliding fee scale. 611 W. National

Legal Aid Society free legal assistance for bankruptcy, civil rights, consumer problems, SS/SSI disability claims, healthcare power of attorney, wills, eviction, foreclosure, Municipal Court matters, IRS problems. Walk-in Intake 1:30-3:30pm Mon. & Wed. at 728 N. James Lovell St. Call for other locations: 727-5300

Marguette Volunteer Legal Clinics: Attorneys assisted by Marquette law students provide free, brief legal advice & referrals for non-criminal matters on a walk-in basis. Closed in Dec.

House of Peace 4-6pm Tues. Child support: 5-7pm 1st/3rd Tues 1702 W Walnut, 933-1300

United Comm Center 5-7pm Wed. Spanish/English. Child support: 5-7pm 2nd, 4th, 5th Wed. 730 W Washington. 384-3100

Milw Justice Center: 901 N 9. Rm G-9. Th 1:30pm and Fri 8:30am sign in; list fills fast; for Milw. Co. only. Th. 2-3pm landlord tenant matters 278-2910

### **Explore 4-H in Milwaukee County**

Come and find out about Milwaukee County 4-H - a fun, educational program for ages 5-19. Events are free; drop-in; feel free to send a bag lunch if staying over lunch hour.

4-H Art Day: 10am-3pm Mar. 23 at Trinity Church, 3302 N. Sherman Blvd. Have fun creating new art projects.

Exploring 4-H and Science Fest: 10am-2pm May 4 at Trinity Church, 3302 N. Sherman Blvd. Learn about animal tracks, identify different animal furs, and do a variety of science experiments.

Annual 4-H Youth Fair: 9am-noon June 8 at UW Extension, 6737 W. Washington St. West Allis. Fun and educational activities for kids.

To ensure a supply of materials, RSVP requested for any of the above events to Laura Brushaber lbrushaber@wi.rr.com

**Consumer Rights Clinic** with Legal Action of Wisconsin Mar 19, 3-5 pm Washington Park Library 2121 N. Sherman Blvd The Consumer Rights Clinic is a free legal clinic for people who have unresolved debt issues, have frequent contact with debt collectors, or are considering bankruptcy as a debt solution. Consumer rights attorneys are on site to educate on consumer rights and answer debt related questions. There are income restrictions to participate. Call 278-7722 to learn more and schedule to attend a session.



### Milwaukee Public Museum

Free admission to all on first Thursday of the month. Open 'til 8pm that night (al-

though butterfly wing closes 4:30pm) Milw. Co. residents w/ID get \$2 discount every day. 800 W Wells.

Free for mothers on Mother's Day, for fathers on Father's Day, and to veterans and current members of the military on Memorial Day.

**Wisconsin History Theme Day**: 11am-3pm Apr. 6. Learn about our great state from more than a million years ago up to the last century. Join museum educators for history lessons and hands-on activities including Native Games, Wisconsin Rock Art, the Reefs of Old Milwaukee, and Wisconsin connections to our collections.

Spring Break at MPM: Special activities 11am-3pm April 15-19

**The Power of Poison:** through July 7. Discover the complex role of poison from aphrodisiac and self-defense to lethal weapons and medical miracles. See how the toxins and venoms found in nature can be used for good and evil, and uncover why people remain obsessed with poisonous myths and legends to this day. Included in admission prices. On days the Museum is free, The Power of Poison is \$3

Affordable Adventure annual family membership costs \$65 (almost 50% discount from reg. price); Application at mpm.edu

### Where to call for food, help

**24-hour helpline: IMPACT 2-1-1** To find food pantries, shelter, meal sites, family resources, health & social services: Dial 2-1-1 (at pay phone, dial free: 1-877-211-3380) or Search online resource directory 211wisconsin.communityos.org/ Available by phone 24 hours a day, 365 days a year

### Domestic violence 24-hr. hotline: 933-2722

(Sojourner Family Peace Center, which also has a shelter) Also, Milw. Women's Center Emergency Shelter: 671-6140 Waukesha: Women's Center 24-hr. Crisis Line 262-542-3828

#### Parent Helpline, 671-0566

Support groups & classes and confidential phone counseling about any parenting issue. Referrals to parent education, support programs, home visiting, and community resources

#### Legal information & referral services -- also see page 2:

Legal Action of WI 278-7722. For MATC students 297-6630 Nonprofit Legal Services of SE WI/Milw & Wauk: 839-8899

**Community Advocates:** May help with rent, housing, prescriptions, security deposits, utility bills. 449-4777.

**Bureau of Milw. Child Welfare**, 24-hr. emergency no. to report child abuse for Milw County: 220-SAFE (7233)

**Central City Churches Outreach**, 9:30-3 M-Th. Resource referrals. See: "Emergency Food" listing on page 22. Our Savior's Lutheran Church, 3022 W. Wisconsin. 342-1522

**Cudahy and St. Francis**, zip codes 53110/53235 744-0645 **South Milwaukee**, zip code 53172 only: 764-5340 **Waukesha** resources are listed on page 6. See p. 22-24 for food pantries, clothing banks

# Are you pregnant, just had a baby or have children under 5? WIC can help you

WIC provides food, as well as nutrition information, to help keep families healthy. WIC supplies food vouchers for pregnant women, mothers with babies under 6 mos., and breastfeeding women of babies up to one year and their children up to age 5. Must meet income guidelines to qualify. 1-800-722-2295

Call 286-8820 to make an appointment at these City of Milwaukee Health Dept. WIC clinics:

Northwest Health Center, 7630 W Mill Rd.; Keenan Health Center, 3200 N 36th St; Southside Health Center, 1639 S 23rd St.

### Other area WIC clinics:

Sixteenth Street Community Health Center WIC Program, 1337 S. Cesar Chavez Dr, 643-7554 MLK-Heritage Health Center, 2555 N. King Dr. 267-6650 Aurora Health Care, 1218 W. Kilbourn, Ste 207 219-3210

Seeds of Health, 1445 S. 32, 385-5611

Wee Care Day Care WIC, 3882 N. Teutonia, 449-8460 Wee Care Day Care WIC, 5825 W. Capitol, 449-8470

Wee Care Day Care WIC, 4630 W. North Ave. 873-8801 Cudahy Health Dept., 5050 S. Lake Dr., 769-2229 Greenfield Health Dept., 7325 W. Forest Home, 329-5243 West Allis Health Dept., 7120 W. National, 302-8642

Waukesha County WIC, 514 Riverview Ave., Waukesha, 262-896-8440

# Keep active, stay healthy!

Moving with Komen Fitness Challenge: 10-11am Sat. at COA, 2320 W Burleigh. Breast cancer awareness info/resources by Susan G. Koman staff. Free. Mar. 16: yoga class; Mar. 23: WERQ It cardio workout (see UEC description below); Mar. 30: Strengthbased workout class facilitated by Planet Fitness

WERQ Dance Fitness: 6-6:45pm 2nd & 4th Tues. of the month thru May. Join instructor Trair Wise for a dance fitness workout with moves to hip hop and pop songs. Includes a dancer warm-up, a full body cardio workout and a yoga-inspired cool down. Suitable for all fitness levels and abilities. For teens & adults. Urban Ecology Center-Menomonee Valley, 3700 W. Pierce St. Free.

Pink Goes Red -Zumba Your Way To Health, 5:30-6:30pm, Mar. 19. Dance the weight off. Sponsors: Alpha Kappa Alpha Sorority, Epsilon Kappa Omega Chapter, Divine Destiny School, Milwaukee Chapter of The National Black Nurses Association. Adults-only event, open to the community. Divine Destiny School, adjacent to Parklawn Assembly Of God, 3725 N. Sherman. Enter from the Sherman Blvd. entrance only. Free.

Pitch, Hit, & Run: 10am-noon May 11 at Wilson Park, 1601 W. Howard Ave. For boys and girls, ages 7-14. Info: Thomas at 475-8906 or visit www.MilwaukeeRecreation.net

Mother and Daughter Hike 1:30-3pm May 11. Spend a day

### MPS Recreation programs for families and teens

### Wellness Days -----

Free drop-in family programs for ages 6+. Children 6-11 must be w/ an adult. Fitness classes, healthy snacks and health education provided by local organizations. Register at event. Info: Erica 475-8775

-- Mar. 27: 6-8pm at Pulaski High School. WERQ cardio dance demo, Tae Kwon Do, and more

-- April 13: Family Spring Egg-Stravaganza. 4:30-8pm. Citywide wellness event at Washington, Madison, & Bay View Twilight Centers. Egg hunt, egg coloring, treat decorating, arts and crafts, games, and fun fitness activities. Each person who participates in a wellness activity will earn a door prize ticket. Winners announced at 7pm. Must be present with ticket, to win.

-- Mar. 24 and May 29: 6-8pm, North Division High School. Dodgeball, water aerobics demo & more

### Family Nights -----

Every Saturday night is Family Night at the Twilight Centers listed below, with open gym, game room, etc. Special family event nights take place once a month at each site. 6:30-8:30pm. Info: 475-8811.

Mar. 30: sports-themed family night at Madison & Obama SCTE Apr. 6: family game night/No. Division; roller skating at Pulaski Apr. 27: roller skating at Obama SCTE

May 4: movie night at North Division; roller skating at Pulaski

May 11: carnival games/game night at Bay View High School

May 18: family pool party at So. Division; bingo at Washington, movie night at Madison & Obama H.S.

with your daughter or mom at Hawthorn Glen, 1130 N. 60. Strengthen your personal mother-daughter relationship by taking a hike and making a craft. Parent must register, pay, and attend with a child (ages 5 & up). \$5 per person. Info at Milw. Rec. Dept: 647-5050

Free fishing, admission to state parks: June 1-2 Free admission to all state parks and forests, and adults can fish anywhere in the state June 1-2 without a fishing license. Free equipment is available to borrow at many parks. Kids always fish free.

Harrington Beach State Park: Take advantage of the free admission & visit this Park, not that far from Milwaukee. Located north of Port Washington on Lake Michigan at 531 County Rd D, Belgium. 262-285-3015. Enjoy the annual free pancake breakfast June 2, 8amnoon, www.friendsofharrington.org

Free fishing clinics April 13 at 9am, 10, 11, noon, 1 or 2pm at park lagoons: Brown Deer Park; Dineen; Greenfield Park; Oak Creek Pkwy; Sheridan; McCarty; McGovern; Kosciuszko; Scout Lake; Washington Park; Muskego/Fox Brook Parks & Lannon Quarry (no Wauk. Co. park fee charged); Regner Park in West Bend.

Ages 15 & under; young children must be w/adult. Equipment available, but bring rod & reel if possible. Fishing techniques, equipment use, safety, knots, fish ID. 263-8494, 382-7928

At Journey House: Felix Mantilla Little League Baseball Program (4-14, girls and boys) Info: 647-0548 ext.133 or email Martin Weddle -mweddle@journeyhouse.org

### Twilight Centers -----

Safe places for teens to hang out with their friends. 6-9pm M & W; 6-10pm Sat (families welcome); for students 12-18. Free. 475-8811.

At MPS high schools: Bay View, Madison, North Division, Obama, Pulaski, South Division, and Washington. Drop-in.

Activities vary by site; may inc. open gym, game room, digital music production, pop-up art studio, college/career corner, writer's workshop, fit for youth, cooking classes, fashionWEEKLY, mentoring, dodgeball league, open swim (at select locations).

### Free Community Swim -----

Children age 7 and under MUST be accompanied and supervised in the water by a responsible adult; at Twilight Centers, ages 12 & under must be with adult. Must have a towel, suit, & swim cap. Swim caps available for purchase at pool for \$2.

Bay View High School TWILIGHT CENTER Swim Mon. Wed. Sat., Mar. 23-May 22; 6:05-8:45pm

Gaenslen Elementary Family Swim Session Wed., Mar .27-May 22; 6:45-8:15pm

MacDowell Family Swim Session Sat., Mar. 23-May 18; 3:00-4:10pm

North Division Community Center Swim for all ages Wed., Mar. 27-May 22; 7:15-8:45pm

North Division TWILIGHT CENTER Swim Mon. & Sat., Mar 23-May 20; 6:05-8:45pm

South Division TWILIGHT CENTER Swim Mon. & Wed., Mar. 25-May 22; 7:15-8:45pm Sat., Mar. 23-May 18; 6:05-8:45pm -4-

### Wis. Women's Business Initiative classes

To register or view other classes: wwbic.com To register for online classes, call 263-5450 or email cassandra.aranda@wwbic.com

### Free personal finance workshops

Meal Planning & Couponing Meal-prep strategies to save money. Mar 28, 6-7:30pm The VIBE, 526 E Concordia Ave

Credit Crash Course: Explore proven secrets to help you achieve your credit goals. Learn: how to clean up your credit and how to stay on top of your score. Apr. 1, 6-7:30pm. King Library, 310 W Locust

Dealing with Debt: Are you stuck making minimum monthly payments on your credit cards with no end in sight? Learn how to create a plan to become debt free. April 2, 6-7:30 pm, Free. Capitol Library,

### **Business workshops**

Strong Women, Strong Coffee: Free networking event for women focused on achieving something fresh for their businesses or themselves. May 15 7:30-9am Sherman Phoenix, 3536 W Fond du Lac

### Other business/entrepreneur workshops include:

Business Planning for Success; Coffee & Cashflow small business accounting, bookkeeping, and pricing; Platforms for E-commerce Success; What Can WWBIC do for You? Mission Biz: Discover whether becoming an entrepreneur is for you; and How to Start a Food Based Biz.

# MKE Library Money Smart Week Home Buying Workshop: April 1, 5:30-7:30pm; Central Library

Comm Rm 1, 814 W. Wisconsin Ave.

Dealing with Debt April 2, 6-7 pm Capitol, 3969 N. 74th St.

Financing Your Small Business: Apr. 3, 2-3:30pm Martin Luther King Library.

FDIC Credit Crash Course understand your rights and learn how to protect your credit history.April 3, 10:30-noon Central Library Conference Rm 2A, 814 W. Wisconsin Ave.

Get Your Free Credit Report Now! April 4, 1-2 pm Central Library Computer Lab, 814 W. Wisconsin Ave

For Kids: Story Time Financial Literacy Each child will receive a free picture book (while supplies last). April 2, 10:30-11:15 am Central Library.

### Car seats: purchase, help to install

Children's Hospital of WI car seat program: Low-cost car seats may be purchased through the Children's Hospital Car Seat Clinic. Supplies are limited, dependent on grant funding. For info & to make an appointment, call Central Scheduling: 607-5280.

mornings (must make appt.) Free car seats may be available to families who qualify. For info or appt, call COA Riverwest Center receptionist 263-8397, or COA Goldin Center, Qiyante 447-9039 x 3167

Car Seat Installation for Brown Deer, Glendale, Shorewood, and other North Shore residents: see Quick Links on NSFire.org website to sign up for an appt. Info: North Shore Health Dept. 371-2980. No car seats available; only installation help.

tion by appointment, go to www.safekidswi.org/events



### Spring **Family Event**

10:30am-1:30pm April 21

Come hang out with the Easter bunny. Crafts for kids and seasonal activities.

Free admission on the first Tuesday of the month to Milw. County residents with ID, May through Sept.

Boerner Botanical Gardens, 9400 Boerner Dr. Hales Corners

The events below are free, but do not include admission to the Gardens:

Art at the Gardens Craft Fair 10am-3pm May 5 Mother's Day Family Event: 10am-2pm May 12. Kids' craft activities to create gifts for mothers and grandmothers. Herb Fair 9am-3pm May 18, free. Sponsor: Herb Society

### Founder's book sales benefit nonprofits

Gail's books are on Amazon.com: Calling All Horses, Dessert First, Dog Woman, Don't Worry Baby, and her latest: Young Voices from Wild Milwaukee. News editor Pauline Beck said: "Her books have benefited HOPE Network, and her newest book helps the Urban Ecology Center." For more information or to have her speak at your book club, church or civic group, contact her at gsweet@wctc.edu

### amazonsmile

Select us as your charity, shop at AmazonSmile, and they'll donate 0.5% of the price of your purchases to us. It's the same as shopping with regular Amazon, except we benefit each time you purchase! Go to smile.amazon.com. When prompted for the charity name, enter our IEN number: 39-1475304. You may also enter HOPE Network but there are other charities with the same name.

For charity partners, AmazonSmile now offers new and improved "charity lists." Essentially, these are organization wish lists. Charity COA Youth & Family Centers: car seat installation help on Tues. lists offer the opportunity for supporters to provide most-needed items to favorite charities. Find HOPE Network's charity list at:

#### https://amzn.to/2HhyOdf

Infant toiletries needed: This cold, dry (and seemingly endless!) winter is being harder than usual on little fingers and toes. We need help with some extra requests for baby lotion and shampoo at our Mothers Trading Post. Bring donations to our office: Room 201 at Good Shepherd Church, N88 W17658 Christman Rd., Meno. For a list of sites that will help with car seat installation and educa- Falls. Or drop off at the Trading Post on the 1st or 3rd Thursday of the month, 1300 S. Layton Blvd. (27th St.)

### Resources in Waukesha County



Retzer Nature Center fun: p 13

### La Casa De Esperanza Early Head Start

Free program for pregnant mothers, and for families with infants to age 3; 410 Arcadian Ave. Call Mary Beth 262-225-9091

### Waukesha food, clothing, resources

**Waukesha Co. only**: Hope Center, 502 N. East Ave.; furniture, nurse, clothes, household items, 5:30pm meal M-W-F 262-549-8726 Hebron House of Hospitality: families/single women shelter, 812 N East Ave, 262-549-8722. Hebron, Siena & Jeremy Houses, no-interest loans, housing specialist, transitional living apts., expedite SSI/SSDI disability 262-549-8720.

Waukesha The Clothing Shop has casual clothing & career-type clothing. For residents of Waukesha Co. M-F noon-4pm, Tues. & Sat. 9:30-11:30am, and Wed. 6:30-8pm. HOPE Center 502 N. East Ave., 53186. 262-549-8726

**Waukesha Co. Food Pantry**: 1301 Sentry Dr. 1-3pm M-F, 6-8pm Th, 9:30-11:30am Sat for Waukesha County only 262-542-5300. 1st Call for Help crisis line: 262-547-3388

Waukesha St. Vincent de Paul Thrift Store, S30 W24836 Sunset Dr., 9am-8pm Mon.-Sat.; 11am-6pm Sun. 262-547-3281

Sussex-Area Outreach Services (SOS), in Civic Center Bldg, N64 W23760 Main St., Sussex. 5:30-7pm M 1-2:30pm W 10-noon Sat. Clothing bank household & small appliances. Must live in Hamilton school district. Food pantry/emergency services. 262-246-9860

Lake Country Caring: only for residents of Waukesha, Washington, Dodge & Jefferson Counties. Free clothing, hygiene products, household items, furniture and appliances. Must meet with intake volunteer to determine eligibility. 603 Progress Dr., Hartland. 262-367-6670

**Housing Resources Inc.**, a HUD approved organization, offers workshops for homebuyers or homeowners (listed below). For more information, call 262-522-1230 or visit www.hri-wi.org.

**Homeworks Workshops** for first-time homebuyers. Real estate experts help buyers avoid common pitfalls when buying homes. Learn to improve credit, maintain savings, and budget. Hear about grants to help with down payment & closing costs. March 16 or Apr. 13 or May 18 or June 15 217 Wisconsin Ave. #411, Waukesha, 10am-4pm.

### \$1,000 Trades Scholarship

The Women and Girls Fund of Waukesha County is accepting applications for the \$1,000 New Hope Trades Scholarship.

Applicant must be a resident of Waukesha Co., 25 years or older, a single mother or female caregiver to a sick family member, working full or part-time, and accepted to a school where she will be earning a skilled trade or technical degree. She must be a non-traditional student who is pursing post secondary education for the first time or reentering school. Visit: www.wgfwaukeshacounty.org or call Michelle DuBord, 262-955-1765. Application deadline is noon April 17.

### **Parents Place - Waukesha**

 $1570 \ {\rm E}$  Moreland, Waukesha. Register for classes, free childcare, Fees may be reduced or waived. Call for other classes 262-549-5575

Parents Talk with & around infants, toddlers, 10-11am Mar. 25

**Love & Logic Early Childhood Parenting** of infants to age 5, 5:30-7pm Mar. 26, Apr. 2, 9, 16.

Love & Logic, 5:30-7pm Apr. 30, May 7, 14, 21.

Building Resilient Children 5:30-7pm Apr. 1.

**Big Emotions: Meltdown and Tantrums**, 5:30-7pm Apr. 3.

Signing & Singing with Infants & Toddlers, 10-11am Apr. 15. Playgroup for parents, grandparents, primary caregivers & children. 9:30-11am every Wed. (Spanish group 9:30-11am Tues.) Free.

**Triple P (Positive Parenting Program):** Sit down with a Triple P accredited parent coach to problem-solve & get advice on a specific behavior problem. Call for an appointment. For parents of ages 2-12.

### The Women's Center - Waukesha

505 N. East Ave, Waukesha. 262-547-4600

24-Hour Hotline: 262-542-3828 or 888-542-3828

Open to all, including adult, child, & teen survivors of domestic & sexual violence. *Family Support Project* provides free counseling for stress/anger management, child development, positive parenting & life skills. Free childcare available. Call for workshop and support group topics, 262-547-4600, or visit www.twcwaukesha.org

#### - See Employment & Life-Skills on p. 21.

**Child health & parenting services** are provided free by the home visiting nurse program of the Waukesha Co.Public Health Dept.. Nurses can make referrals and help you with health care, dental care, counseling, transportation, and WIC nutrition. 262-896-8430.

Are you pregnant? Prenatal Care Coordination helps women gain access to medical, social, educational and other services during pregnancy. Call Waukesha County Public Health, 262-896-8430.

### Children's programs at Waukesha Library

ART Sundays: 1:30-3:30pm March 17, 24 & 31. Drop in

*LEGO Mindstorms Robotics:* 4:30-5:30pm Mon. thru April 1. Mindstorms kits provided by library. For 3rd-6th graders.

*Make Your Own Fairy House*: 10:30-11:30am Mar. 27. Listen to magical stories before building fairy home. Ages 5+. Must register. Info: 262-524-3692. 321 Wisconsin Ave., Waukesha

# Low-cost dental care in Meno Falls, Waukesha includes service to 5 Milwaukee zip codes

Waukesha County Community Dental Clinics provide dental care to area low income individuals at:

- N81W15062 Appleton Ave, Menomonee Falls

- 210 NW Barstow St., Ste. 305, Waukesha

Service is provided to those whose income falls below 200% of the Federal Poverty Guidelines, and do not have dental insurance, or have Medicaid insurance. Patients without insurance pay between \$25 and \$35 for the initial exam and cleaning.

Patients must live in the Community Memorial Hospital service area, which in addition to the surrounding communities in Waukesha and Washington Counties, also includes Milwaukee zip codes 53218, 53222, 53223, 53224, and 53225.

Info: www.wccdentalclinic.org or 262-522-7645.

### Gramma Duty

# A note to single grandmothers...

by Pamela Oberg-Sutton aka Grammy Pammy

#### Pam, at one of her favorite places: the Public Museum's Butterfly Garden. Tip: Museum is free on the 1st Thurs. of the month!

### Can I get an "Amen" for Summer Camp?

It so hard to think about summer camp, when you can't even see the grass in your yard! It's that time already to start preparing for the summer.

Many camp registrations are opening up. Many of the camps offer scholarships. So we must get a jump on the registration wagon.

Last year, we started out with trying two camps, Discovery World and Urban Ecology Center. Both were very well run, very organized, very educational. The process to register and apply for scholarships was very easy at both camps.

We have also been attending camp at PEAK for a few years -- the name has changed from Lake Valley Camp. They have a lot to offer, especially for your teens. They have a few different camps.

My favorite is the 12 days they get to spend in Boscobel in western Wisconsin. They get to see friends from previous years. Many activities -- swimming, camp fires, hiking. They are fed very well. They grow their own vegetables, and everything is made from scratch.

The older campers (LT's for Leadership Training) help with the responsibilities of cooking, preparing, and clean up.

### **Neighborhood House**

2819 W. Richardson Place, off 27th St., one block south of W. State Head Start on p. 20.

**Maple Sugaring** March 16. Learn how to make sweet syrup during this outdoors adventure. Arrive at NH 20 mins. prior to 9am departure. FREE transportation to NH Nature Center in Neosho. Register at 933-6161 ext. 142

**Earth Day Celebration** Monday, April 22, Noon to 2:30 p.m. Celebrate the diversity of our Earth and learn how to be a better guardian of the planet. Hands-on activities will include music, food, and gardening demonstrations.

**Earth Day Clean Up** Saturday, April 27, 9am-noon. Join your Concordia neighbors in taking care of our community with the Historic Concordia Spring Clean-Up. We will meet at NH before joining the larger group.

Zany Zoo Day Saturday, May 18 8:30am-5pm

With over 6,000 mustards from all over the world, the National Mustard Museum is one of Wisconsin's wonkiest attractions! We'll continue our adventure at the Henry Vilas Zoo in Madison. Bring a lunch or you can buy one at the zoo. Arrive at NH at 8:10am for a 8:30am departure.

**International Learning Program Spring Picnic** May 23 9amnoon. Enjoy a delicious offering of foods from around the world! All are welcome to this potluck style meal at Washington Park.

**Juan Bernal Poetry Slam** June 7 6-8pm. We will have an evening of poetry, peace and love. All are invited to bring your words of hope, change, and inspiration.

The leadership training prepares them to be future camp counselors. This helps many of their current camp staff to pay for college.

They also offer a weekend FAMILY camp, in both June and August. There are cabins that you and your family can stay in, and there are many family activities going on.

The bonus is... it's free! They even provide the transportation! There's limited availability, so this also would need to be scheduled in advance. A great family memory to create.

They do require a deposit for each camp session, but it is refundable.

I am in the process now of registering for summer. This year, we're going to try two new camps. One is First Stage theater camp, which does offer scholarships. Also, the Milwaukee Public Museum, which offers camp for children as young as 5 years old. Their camps are one day camps, and they do not offer scholarships. Camp topics include geology, dinosaur study, and many more. Camps for the younger kids are \$25 per day, and \$85 for Grades 1-4. They are cheaper if you are a museum member.

Another good resource is the MPS Recreation Dept. Baseball leagues will be starting in early April.

Honestly, I use to complain about property taxes and the water bill, but Milwaukee really has so much to offer in low cost and free entertainment, all year long.

Have a great spring -- if it ever arrives!

**Note from the Editor:** All the camps that Pam talks about are listed in this issue, plus may more. Some scholarships are on a 1st come 1st served basis, and are awarded until they run out of money. While my contacts told me that they still had financial aid available as of early March -- don't procrastinate in applying. Also, Pam notes that PEAK Initiative camps are free (with refundable deposit) -- but you must attend an orientation session if you're a first-time camper.

So....you snooze, you lose...take advantage of these opportunities to give your kids some exciting experiences this summer.

### Free Saturday Clinic for the Uninsured

(1121 E. North Ave.) provides free health care through a team of physicians, pharmacists, & students at Columbia St. Mary's Family Health Center every Saturday (closed Mar 16). Patients seen as walkins 8-11am (1st come/1st served) with many registering by 7am. Care includes pharmacy, lab services, mammograms, well-women visits, referrals to specialists, dental hygiene services, diabetic eye screenings, psychiatry, and dermatology. Call 588-2865 for pediatric appts (<18 yrs) or for more information.

A healthy, alcohol-free pregnancy: My Baby & Me participants receive free education and text message support from a trained pregnancy educator. Women who need extra help can receive free one-on-one coaching from a trained specialist.

*Interested in joining My Baby & Me?* Ask your doctor or nurse, or call the Wis. Women's Health Foundation at 1-800-448-5148

**WI FACETS** free training and information to parents who have children with disabilities and/or in special education. Parents can call with questions about their children's educational programs, to understand the special education referral process, or to participate more meaningfully in their child's IEP meetings. Visit www.wifacets.org to view the 80+ workshops/yr. that are in-person, on the phone, or online. Call 877-374-0511 or use Facebook to register.



This youngster is proud, and rightly so, of their garden's sign: I pledge to grow more food

## Buy weekly box of seasonal produce through CSA subscription program

Special payment plans are available for the CSA program run by Victory Garden Initiative (VGI). Weekly SNAP payments are accepted, and VGI has other low-income payment options, including worker shares for a 50% discount.

Community Supported Agriculture (CSA) sells locally grown produce directly to consumers. Each week, June 11-Sept. 24, you'll receive a VGI box that feeds 3-4 per week, or a smaller box that feeds 1-2 per week. Regular up-front costs are \$460 or \$235, but you may contact Christine Kuhn, at christine.kuhn@victorygardeninitiative. org or 431-0888 about payment options, which could bring the price for a weekly small box down to \$7.35.

#### Healthy Choices family education program.

This program helps family members maintain a healthy weight and enjoy a healthy lifestyle. Learn how to prepare healthier food at home, develop healthy habits for you and your children, save money, reduce stress and increase your energy. Includes 30-min. exercise session. For adults and children ages 4 & up. Those completing the course will receive a "wellness basket" with a yoga mat, cookbooks, and other healthy-lifestyle goodies. -- Sixteenth Street Community Health Center, 2906 S 20.

*Special Free Session* Apr. 4-June 20 5:30-7:30pm. 12 Thursdays.. Stephanie smercado@sschc.org, or call 897-5596. Register ASAP!

*Continuing Sessions:* May 7-July 24 5:30-7:30pm. 12 Tuesdays or Wednesdays (you choose most convenient). \$30 enrollment covers the entire family. Info: Delia Gast. 897-5293

**Eating Better on a Budget** April 23, 12:30-1:30 pm Zablocki Library, 3501 W. Oklahoma Ave. Light lunch included.

**Plant Sale** at Washington Park Urban Ecology Center, 8am-5pm May 18. Annuals and native plants.

# Get a raised-bed garden from Victory Garden Initiative

The 4 x 8 ft. garden beds are installed where you want them, and are filled with healthy, organic soil, ready for you to grow your own food. Hundreds of volunteers will build at least 500 garden beds during the Great Milwaukee Victory Garden Blitz May 11-25.

The goal is to install half of those gardens in low-income areas, for a discounted price of only \$25.

The discounted gardens are available to residents in these TIN neighborhoods\*: Washington Park, Tri-Block, Roosevelt Grove, Walker Square, Harambee North, Century City, Brody, and Layton Boulevard, as well as to those living in these zip codes: 53204, 53206, 53208, 53218.

\*See a map of these neighborhoods on the website below; click on "Order Your Blitz Garden" for a map of "Sponsored Garden Areas."

Register for a garden on website www.victorygardeninitiative.org or contact Montana Morris, 431-0888.

**Photo:** This mother loved teaching her children how to grow food and eat healthy, right from the raised-bed garden she received through the Great Milwaukee Victory Garden Blitz.

Check above if you qualify for a \$25 bed – a huge savings from the usual \$175 price!

**Healthy Eating** Learn the importance of healthy eating habits for children in this hands-on workshop. Learn how to introduce new foods to your preschooler and why cooking & eating together is important. Mar 18, 5-6 pm Atkinson Library, 1960 W. Atkinson

### Healthy Mindful Eating Circles

Join Chef Anomalous Campbell in this six-part healthy eating series with hands-on cooking demos, outdoor classes at local gardens and farmers markets, and classes at Walnut Way. Topics include:

- Shop, stock, & cook healthy meals
- Healthy ways to cook veggies & boost nutrition
- Understanding nutrition labels
- · Farmers markets, gardening, & local grocery stores

5:30-7:30pm 2nd Tues. of every month, Mar. 12, Apr. 9, May 14, June 11, July 9, Aug. 13. Free.

Chef Campbell is an imaginative and healthy full service chef and owner of Anomaly Catering. Walnut Way Center. 2240 N. 17, 264-2326. info@walnutway.org

### Mindful Nutrition Classes

Join Bridgett Wilder at this six-part healthy eating series. Learn:

- What is healthy eating anyway?
- · Tips on eating your way into good health
- How to prevent disease with nutrition

4th Thursday of every month, 5:30pm-7:30pm at Walnut Way Mar. 28, Apr. 25, May 23, June 27, July 25, Aug. 22

Bridgett Wilder is a north side Milwaukee resident who became a widow at the age of 36 with nine children, ages 4 months to 16 years. In 2018 she graduated from Mt. Mary University with a degree in dietetics. She then launched Perseverance Health and Wellness Coaching and Consultation Services, helping individuals improve their health by way of nutrition.

Walnut Way Center. 2240 N. 17, 264-2326. Free.

### Grant winner: Venecia Love



Every issue we publish profiles written by our scholarship winners. In our June edition, we'll be introducing our 2019 winners

My life started with my son, when I was 16 years old.

I was very young when I had him but that didn't stop me from achieving my goals. It actually made me go harder, because now I have someone looking up to me who deserves the world.

There were many challenges along the way, because I was still in high school. But I knew my ultimate goal was to graduate high school, which I did in June of 2009, and then go to college to become a nurse.

I set out to become a nurse because it was my dream. Not only my dream but it was also my passion.

I had an ill grandmother and grandfather.

# *First Breath:* Helps pregnant women, new moms, and their family members quit smoking

Participants receive free one-on-one counseling and support from a First Breath Quit Coach. Services include: home visits, phone calls, text message support, and smoking breath tests (to monitor progress). Participants receive Wal-Mart gift cards for completing sessions. *Interested in joining First*  We didn't find out they were sick until it was too late. I felt that if we would have known sooner, we would've been able to save them.

So after their passing six months apart, I started my journey at Milwaukee Area Technical College to become a nurse. I want to save other people's lives, and also save their families from heartache. I don't have long to go to reach my goal, as my tentative graduation date is May of 2020.

Some things that I and my son love to do together are cooking, going to the movies, just acting silly, and doing our homework together.

Jamari keeps me motivated. He tells me that I'll be the Best Nurse Ever.

*Breath?* Ask your doctor or nurse or contact the Wisconsin Women's Health Foundation at 1-800-448-5148 www.joinfirstbreath.org, or text "FB INFO" to 97779.

Healthcare providers interested in referring their patients or clients to First Breath should view www.providefirstbreath.org.

Anthem

# Looking for ways to stay healthy?

Ask the Anthem experts.

## Choose water over soda.

Get more tips at www.anthem.com/wisconsin.

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# Take in a play or concert

### **First Stage Theatre**

At Todd Wehr Theater, Marcus Center, State St.

-- *Big River*, Mark Twain's classic, Mar 15-Apr 14. Travel along the mighty Mississippi River as Huck helps his friend Jim, a slave, escape to freedom and reunite with his family. Tickets start at \$15. Ages 10-17+. *Pay-What-You-Choose:* 7pm Mar 19

-- *Tinker Bell*, Apr 26-June 2. Journey to Neverland as a twinkling new light shines on the adventures of Peter Pan, Wendy, the Lost Boys, and Captain Hook – all from the unique and magical perspective of the feisty fairy, Tinker Bell. Tickets start at \$15. Ages 6-17+. *Pay-What-You-Choose:* 7pm Apr 30

**Tech Talks:** Following select performances, learn more about the behind-the-scenes magic from the First State creative team (after 3:30pm performances May 11 & May 19 aft. and other dates)

At Milwaukee Youth Arts Center, 325 W. Walnut St.

-- As You Like It, by William Shakespeare, thru Mar 24.

One of Shakespeare's greatest and most beloved comedies, *As You Like It* is filled with music, love, laughter, and reminders of what is most important in this world. Ages 12+. \$14

-- *The Miracle Worker*, May 10-19. This Tony Award-winning true story about Helen Keller and Annie Sullivan explores the essence of dignity, hope, and how people can fulfill their true potential despite the most adverse of circumstances. Ages 12+. \$14.

**Pay-What-You-Choose: First Stage** minimum is \$5 for adult or child; advance purchase by phone: 267-2961 (must mention "Pay- What- You-Choose") or at door; arrive early; doors open 6pm

### **Sensory Friendly Performances**

Welcoming environment with lower sound, lights up, and quiet areas staffed by educators experienced with the care of students with autism and other developmental disabilities.

Contact the First Stage Box Office to reserve your space at 267-2961 or email ticketmanager@firststage.org (do not buy online) - *Big River*, 3:30pm Mar 23 - *Tinker Bell*,3:30pm May 4

### Create poetry, spoken word, or digital art, inspired by the topic: "Uncommon Friendships"

1-4pm Mar. 16 at Mitchell Street Library, Artists will be on hand to help; Studio M equipment available. Refreshments. Each participant will receive 2 free tickets to the **First Stage production of** *Big River* (see above) which tells the story of an "uncommon friendship."

### Inexpensive plays for adults, teens

**Pay-what-you-can nights**: pay at the door; 1st come, 1st served. Be there early!

**Milw. Rep:** *Two Trains Running,* From Pulitzer Prize-winning playwright August Wilson comes this masterpiece about everyday lives in the shadow of great events, and of unsung citizens who are anything but ordinary, Apr 16-17. 108 E. Wells. Box office opens 5:30pm; shows at 7:30pm. 224-9490

**In Tandem Theatre:** *The Fabulous Lipitones*, Apr 25, 7:30 pm. A hilarious take on tolerance, preconceived notions and the perfect path to harmony! Tickets are Pay-What-You-Can for this performance. 628 N. 10th Street. 271-1371.



May 8: Spring Pajama Jamboree. 7 pm performance. Bradley Pavilion, Marcus Center. 929 N Water St. 286-3205. Free.

In addition to music by the Festival City Symphony, the concert will feature solo and ensemble pieces performed by local students. Children from the audience will have an opportunity to conduct the orchestra's finale. Attend in casual dress or pajamas

**Symphony Sundays:** Classical music for all ages by the Festival City Symphony. 2 pm concerts March 31 & May 5. 1:45pm children's program notes in east lobby; conductor also comments in concert. Appropriate for ages 7+ Pabst Theater, 144 E. Wells. 286-3205. \$14 adults/\$8 kids & seniors.

**Rhythm and Blues:** Milw. Youth Symphony Orchestra performance features jazz combos, including the elite Bronzeville Jazz Ensemble, plus Calypso and Soca steel bands. May 11, 1-5pm Pay what you can. Milw. Youth Arts Center, 325 W Walnut. 267-2950

### More children's theatre

**Milwaukee Youth Theatre:** Peter/Wendy, Apr 3-5, 7pm. In this lyrical interpretation the story setting of Peter Pan is stripped down to a vast space beyond. 11 adult 9 ages 13-17/ 7 age 4-12/ 3 & under free. Lincoln Center for the Arts, 820 E Knapp. 390-3900.

**Sunset Playhouse**: Once Upon a Mattress, Jr, 6:30pm May 12-13. \$12 adult/ \$8 ages 3+. Wanted: Fairy Godmother, May 15-18. 10:30am, additional show 2pm Sat, May 18. \$8 adult/ \$5 ages 3+. Cinderella Kids, times vary. May 18-19. \$10 adult/ \$5 ages 3+. 800 Elm Grove Rd, Elm Grove. 262-782-4430

### Free mini-opera: The Three Little Pigs

This 40-minute opera by the Florentine Opera Company retells the classic tale to the music of Mozart. It celebrates family and the importance of books and especially, the library. Suitable for grades K-5-**April 27:** free performances at 10:30am and 12:30pm. Arts & crafts for kids. Florentine Opera Center, 926 E. Burleigh Space is limited; RSVP at www.florentineopera.org or Everbrite

- April 17: 10:30-11:15am at the Central Library, 814 W Wisconsin.



**Bronze Arts Ensemble with Black Arts MKE** will premiere the production, *Just A Conversation Over Chicken and Dumplings*, based on the book by Milwaukee author Michelle Dobbs. April 5-7, Wilson Theater, Marcus Center. \$35 tickets; call or stop in at the Marcus Center to avoid extra \$15 Ticketmaster fees. Black Arts MKE is committed to increasing the availability and quality of African American arts.

# Fun things to do

Milw. Co. Parks Information: 257-7275

### Free or reduced admission days for Milwaukee County residents with proof of residency:

- New at The Domes: free on 1st Thursday of the month 9am-5pm.
- Zoo: see Zoo article on p. 14 for reduced rates
- Boerner Botanical Gardens: 1st Tues. of the month starting in May

### Free to anyone; need not be Milw Co. resident:

- Milw. Public Museum: Free 1st Thursday of month
- Art Museum: Free 1st Thursday of the month

- Free to all visitors on the first Wednesday of the month, 1-5pm, Charles Allis Art Museum, 1801 N. Prospect Ave, and Villa Terrace Decorative Arts Museum, 2220 N. Terrace Ave:

Harley-Davidson Museum: Visit for free as part of Gallery Night 5-9pm Fri. Apr 26. Reduced rate of \$10 on Tues. thru April. Reg. cost: \$20 adults/\$10 kids 5-17/under 5 Free. 400 W. Canal. 287-2789

Science Bag free series of interactive performances; ages 8+ that connect science to everyday life. Rm 137 UWM Physics Bldg., Kenwood & Cramer Sts 229-4561. *Are Humans Solar Powered*, Mar 15, 22 & 29 at 7pm; *Whispers from the Universe: Waves, Holes & Stars*, April 5, 12, 19 & 26 at 7pm; and April 14 at 2pm.

**Easter Egg-citement** 10:30am-noon Apr. 6 Kosciuszko Park, 2201 S. 7. Outdoor egg hunt (rain or shine...or snow!) Games, arts and crafts, lunch, family photo with the Easter Bunny. Children ages 12 & under must be accompanied by adult (each paying \$3; may purchase in advance). Limited seating. 645-4624

**Egg Hunt** at Journey House, 1:30-3pm Apr. 7. Free. Info: 647-0548 ext.104. No registration required.

**Easter Egg Hunt,** 10am Apr. 13. Humboldt Park, 3000 S. Howell, on west side of Pavilion. Free event will feature 5,000 eggs and a designated area for each of 5 age groups (ages 1-12). Take pictures with Easter Bunny. Bring a food pantry donation. Also: Breakfast 8am-noon, \$6 adults; \$4 kids; under 3 yrs. free. Arrive early to park.

**Falls Memorial Fest:** 11am-10pm, May 25, downtown Menomonee Falls Street party on Main St. between Appleton & Water; live music, car show, booths, Ducky Ducky Derby, children's area, Run/Walk. Free.

### Truck Day

10am-1pm June 8. Must register by May 31. Brinton Community Center, 2555 S. Bay St. Trucks, bulldozers, fire engines, plus games and activities.



Bring truck sand toys to play in the enormous sand box. \$8 per child (\$12 if not City of Milw. resident). No charge for adults.

Registration info at: www.milwaukeerecreation.net Enrollment limited; register early (online, in person, by mail, etc.). 475-8811

### Family Kite Festival

Veterans Park: May 25-26. Grand Launch on Sat noon. Giant kites and other performers. 1300 N. Lincoln Memorial Dr. Sponsor: Gift of Wings. Check details closer to event at giftofwings.com, 273-5483. Free.



### Art program at the libraries

A drop-in program for children in K5-Grade 5, although older siblings welcome. Each visit begins with an A.W.E. artist reading aloud a story and then discussing the book. Participants work on imaginative art activities relevant to the book or artistic theme for the day. Families are encouraged to attend and make art together!

Atkinson, Mondays, Apr. 29, May 6, 13, 20, 4-5:30pm Bay View, Thursdays, Mar 14, 21, 28, 4-5:30 pm Center Street, Tuesdays Apr. 9, 16, 23, 30, 4-5:30 pm Central, Saturdays, Apr. 27, May 4, 11, 18, 2-3:30pm East, Fridays Mar 15, 22, 4-5:30 pm Martin Luther King, Wednesdays, May 8, 15, 22, 29, 4:30-6pm Tippecanoe, Tuesdays, Mar 19, 26, 4-5:30 pm Villard Square, Mondays, Mar 25, Apr 1, 8, 15, 4-5:30 pm Zablocki, Saturdays, Mar 30, Apr 6, 13, 20, 2-3:30 pm

### César Chávez celebrations

Celebrate the life and legacy of Civil Rights Leader César Chávez at these two events:

### -- César E. Chávez Birthday Celebration at the Marcus Center, 1pm Mar. 24. Program

highlights youth art, essays and spoken word, along with music, singing and dancing by area cultural organizations. Marcus Center, 929 N. Water St. Free.



-- César Chávez Day Celebration, 4:30-5:30pm March 29, Cesar Chavez Placita at Supermercado El Rey 916 S Cesar Chavez Dr. Info, call: Clarke Square Neighborhood Initiative: 647-0548. Free.

### LEGO/K'nex Building Workshop

### At MSOE's Grohmann Museum

Noon-4pm March 23. A fun event for all ages! The 7th annual LEGO/K'nex building workshop, led by John and Sylvia Peine, offers the opportunity to imagine and construct the cities and farms of tomorrow. Add your creation to a miniature city built on-site.

1-4pm April 27 **Urban Farming Building Workshop** at MSOE's Grohmann Museum. All ages can learn basic carpentry skills, tool use, and food growing. Projects: vertical garden planters, tool boxes, bird houses, and "little free libraries," as well as a full-sized wooden canoe to be raffled off at the end of the day. Free. Admission: Adults, \$5; students/seniors, \$3; kids under 12: Free.

Free to all on Gallery Night and Day, Friday, Apr. 26 (5 to 9p.m.) and Saturday, April 27 (12 to 6 p.m.) 1000 N. Broadway, 277-2300

**Kenilworth Art Event**: April 13; 11-3pm; 6 floors of industrial artist studios; art exhibitions & film screenings, live performances, demos and hands-on activities for all ages; free to the general public. UW Milwaukee Peck School, 1925 E Kenilworth Place.

**Milw. Museum Mile Day:** Free admission to museums on the East Side. Kids' activities; free shuttle. Event was on May 13 last year. Check date later on www.milwaukeemuseummile.org



### Walker's Point Center for the Arts

839 S. 5 St. www.wpca-milwaukee.org oscar@wpca-milwaukee. org or 672-2787. Call or check online to confirm details for 2019: - Free After School Art Classes explore painting, drawing, clay,

printmaking, or fiber arts 3-6pm T-F ages 6-12. Last class: May 24.

### Museum Swap Day on May 5

If you have an annual membership to Betty Brinn Children's Museum (or any listed here), you can visit these museums free. Participating museums include Betty Brinn, Charles Allis Art Museum, Milwaukee Art Museum and Villa Terrace Art Museum).

### Milwaukee Art Museum

Free to all 1st Thursday of the month 10am-8pm. Apr. 4. May 2. June 6. Regular admission: \$19 adult; ages 12 and under, free.

#### Family Sundays: 10am-4pm May 5. Wisconsin Artists

Be inspired by artists from our home state. Discover the work of Cedarburg-based artist Charles Radtke in the exhibition Contained, sculpt your own furniture, & create a painting. Watch local artists in action & see art by Milwaukee students. Live music.

Family Sundays are free for Boys and Girls Club members & their families with membership card or invite sheet. Also free to ages 12 & under, but must be accompanied by adult paying \$19 admission.

Other family activities: the Lab on Haitian Art, Kohl's Art Generation Studio, Story Time in the Galleries on Sat., Play Date with Art.

### **\$20** Family Access Membership

For just a few dollars more than the price of an adult ticket, the Family Access membership offers a year of unlimited Museum admission for two adults and children 17 and under. Who is eligible? Anyone who uses WIC, FoodShare, BadgerCare, or Medicaid. Sign up at admission desk or by mail with form at mam.org 224-3284

### Lynden Sculpture Garden: School's Out Drop-in

12:30-5pm Mar. 28. Ages 6 and up. \$16 (nonmember). Focus is on three-dimensional artmaking, but also can include painting, drawing and making collages. Separate group for age 11 & up. Register: 446-8794 or at www.lyndensculpturegarden.org 2145 W Brown Deer

### King Community Center Summer Camp June

17-Aug. 5 9am-4pm M-F. Ages 5-12. Field trips, cooking, karate, gardening, sport camps. Includes meals, one-yr membership to the Center's after school program. 1531 W. Vliet 344-5600. Call for application and summer camp price. We will also be running a youth basketball league. Please contact center for dates and times

### Art Internships

ArtWorks unpaid and paid art internships teach high school students career skills. No prior art experience needed. Interns learn creative problem solving and other 21st century skills through collaborative art projects. Info and deadline at artworksformilwaukee.org

Youth Artists United mural project at Milw. Christian Center offers youth ages 15+ opportunity to lead community mural creation, with 2018 Milw Artist of the Year, Tia Richardson. Thru July, various dates. Both paid internship & volunteer roles. Brian: 645-8441

# ART workshops ART free classes ART camps

### Summer art, cultural camps

See Black Arts MKE free performing arts camp and UWM Pre-College Art & Design program on p. 27, plus other camps on p. 26

Walkers Point Center for the Arts: 8 different camps for ages 6-12. Multimedia June 18-21, 1-5pm; Ceramics June 25-28, 1-5pm; Textile /Teen Digital Art July 2 & 3, 1-5pm; Printmaking July 9-12, 1-5pm; Dance July 16-19, 1-5pm; Botany & Art July 23-26 1-5pm; Lynden Sculpture Garden July 30-Aug 2, 9am-5pm; Storytelling Aug 6-9 1-5pm. Most 4-day camps are \$40 for residents of zip code 53204, \$80 for Center members; \$125 for nonmembers. wpca-milwaukee.org

### MilwaukeeArt Museum - Scholarships available!

Calling all young art enthusiasts! Build on your love of art and making things in Museum summer camps. Explore the exhibitions during fun-filled, interactive tours, and make your own creations in hands-on projects in the studio. Each class has a different focus. Sign up for one camp-or the entire series! Info: 224-3803.

Classes for ages 6-10 at 10:30	-12:30pm; ages 11-15, 1:30-4:30pm
June 24–27: Clay	July 8–11: Painting and Drawing
July 15–18: Photography	July 29-Aug 1: Mixed-Media
Aug 5-8: Printmaking	Aug 12–15: Furniture Design
Scholarship application at mam.org/learn/classes.php	

Casa Romero: Art Club and MC in ME summer camps offer experiences for girls ages 10-13 to create art and music projects to express their message for their community. M-F 9am-4 pm; June 24-28, July 15-19, July 29-Aug 9; scholarships available; contact 224-7564 or info@casaromerocenter.org

First Stage Theater Academy year-round classes foster life skills through stage skills, such as acting, musical theater, improvisation and more for all students, including those on the autism spectrum. Summer theater training for students entering grades K4-12: June 17-Aug. 23. Two locations: Milwaukee Youth Arts Center, 325 W. Walnut St. (extended care available) and Wilson Center for the Arts, 19805 W. Capitol Dr., Brookfield.

Financial assistance available; transportation for students in need also possible: contact Shaqita Crockett, scrockett@firststage.org phone: 267-2973 or view: www.FirstStage.org

Woodland Pattern's Poetry Camp FREE five-day inter-arts camp for grades 6-12. June 24-28 from 8am-4pm. Each day includes breakfast, two hours of focused writing, workshop with guest artist, lunch, and a field trip. 263-5001 or alexan@woodlandpattern.org.

Wild Space Dance Company: Get wild with your creativity at Wild Arts Camp at Lincoln Middle School. Participants (ages 10-14) create dances, artwork and theater scenes to share in a final show. Runs 9-noon; Mon-Th, June-July. Wild Arts is FREE to Milwaukee Public School students. Contact info@wildspacedance.org, or visit wildspacedance.org. 271-0307

Xalaat Africa Drum & Dance for Life is African dance, drumming, contemporary dance, and liturgical dance for ages 13-19. June 24-July 12 10am-2pm Mon.-Fri. Total cost: \$50. Located at Marquette University, Helfaer Theater, 1340 W Clybourn. 231-0313

# Family nature fun

### Havenwoods Environmental

### Awareness Center

6141 N Hopkins/1 block west of Sherman on Douglas/527-0232 All events free. Center hrs. 9am-3pm.

**Drop-Ins:** nature activities, crafts, and games for families and youth groups, come any time from 9am-3pm Mar. 16, Apr. 13, Apr. 20, May 11, May 18

Family night Hike: 7:30-8:30pm Apr. 13 and May 25

Adult & Teen Hikes: ages 12+, 9-10:30 Mar. 21, Apr. 13, Apr. 20, 8:30-11:30 birding hike on May 14; 9:30-11 on May 18

Nature Time for Preschoolers ages 3-5 w/adult: 9:30-10:30 am Mar. 26, Apr. 9, Apr. 23, May 7, May 21

**Work, Play Earth Day**: Help plant trees, repair trails, and pull invasives. Later, a nature hike. 9am-2pm May 4

### Free family year pass: Riveredge Nature Center

Free annual family pass to Riveredge Nature Center to ALL fourth graders. Includes access to all trails, programs & festivals, free snowshoe use, discounts on camps & rentals, day passes for 6 friends/family, 4 free day passes to Feith Family YMCA (Port Washington) & admission to over 140 nature centers in the US. Good thru Aug 31. Located outside Saukville, a 30 minute drive from Milwaukee 262-375-2715. Register online at riveredgenaturecenter.org/4thgrade

### Free annual pass for national parks

For all 4th graders, thru *Every Kid in a Park* initiative. Good through Aug 31 of 4th grader's school year. Pass also admits all siblings age 16 & younger, plus 3 adults; entire family is free. Also national forests. Apply online at www.everykidinapark.org

### Retzer Nature Center - Waukesha:

S14 W28167 Madison St, Waukesha. Register ahead at waukeshacountyparks.com or 262-896-8007

Free events during Earth Week; must register ahead

**Earth Day Kids Hike**: Apr 22; Ages 2-5; 9-10am; Ages 5+; 1-2pm; children must be accompanied by an adult; register by Apr 19

Wealth of Nature: Apr 23; Ages 8+; 6-8pm; learn about the six county parks, local adventures and how to protect them; register by Apr 22

**Spring Bird Walk:** Apr 24; Ages 13+; 8-10am; help do a bird survey, counting & identifying bird species and learn why the birds like it here; register by Apr 21.

**Raptors**: Apr 25; Ages 5+; 6:30-7:30pm; see and learn about the beautiful birds housed here; register by Apr 22.

**Morning Bird Hike**: Apr 26; Ages 8+; 7am; explore birds in a rare wetlands; meet in the parking lot.

Free Earth Week Finale - April 27

Dynamic Earth Planetarium show: 10-2pm; runs every 30



#### Neighborhood Night FREE admission to Betty Brinn Children's Museum from 5-8pm Mar. 21, Apr. 18, May 16, June 20.

Enjoy access to all of the Museum's hands-on exhibits, and stop by

the Be A Maker space to find tools, equipment, and materials that make it fun to tinker and create.

**March 21**: Join our neighborhood partners for a night of fun and leaning with demos & hands-on activities that focus on keeping our communities and environments safe for children & their families

Weekly programs encourage caregivers and young children to interact and have fun together. Learn tips about supporting your child's development during the critical years from birth through age 5.

**Sendik's Day**: 9am-5pm Apr. 27. Starting April 6, purchase select products at a Sendik's Food Market (the red bag ones), then show your receipt at the Museum on April 27 to receive one FREE admission per product. Visit bbcmkids.org in early April for details. Example of a past product purchase: 8 oz. of shredded cheese (worth one \$9 admission).

- New! Trivial Pursuit: A 50-State Adventure invites kids on a pretend visit to each state, with experiences at historic sites, arts and sports venues, family attractions, and other tourist destinations. The whole family will discover something new about our country as they play together.

Be a Maker space: drop in to craft, tinker, and create 10-noon &
 2-4pm M-F; 2-4pm Sat. Outfitted w/real tools, materials, technology
 Tot Time for ages 1-3, 10:30-11am Thurs. songs, stories, games.

Other programs listed at bbcmkids.org Register for programs when you arrive; space is limited. Admission: adults and children age 1 and older: \$9. Age 55+: \$8. Children younger than 1 year: free. Parking lots that have discounts are shown on bbcmkids.org; get voucher at museum desk. 929 E. Wisconsin Ave. 390-5437

### Earth Day Week & Finale

minutesHands-on-Activities: 10-2pm; live animal discovery table, arts & crafts, games.

**Exhibits:** 10-2pm; Recycling, water resource & composting. **Hikes:** 10-2pm; water and wildflower focused.

**Papermaking Sessions:** Ages 5+ (accompanied by adult); 25 kids per session; 10:30-11am; 11:30-12pm; 12:30-1pm Where does paper go after it's recycled, and how is it made into new?

### **Regular Programming**

Register by Friday prior to the program & dress for the weather for all programs.

Wee Wonders: Ages 2-4 with an adult; 9:30-10:30am; \$4 per class; Apr 9/10 House for Sale (making bird nests); May 14/15 Wiggly Worms at Work; June 11/12 Hoppin' Fun with frogs.

**Retzer Rangers:** Ages 5-7 with an adult; 4:30-5:30pm; Arrive by 4:20pm; \$4 per class; Apr 8 Spring Flowers: See what colors are out; May 13 Exploring the Pond: dip your net into the pond and see what lives there; June 10 Day in the Life of a Turtle: meet some shelled friends and where they might live.

### Zoo discounts & special events

Regular admission starting Apr. 1: Adults \$16.25; Ages 3-12 \$13.25; 2 & under free; Sr. Citizen (60 +) \$15.25. Parking \$12

Reduced admission on Wed for Milw Co. residents with ID is Adults \$10; Ages 3-12 \$7.50; Other days, Milw. Co. residents w/ID save \$1.75 off regular admission.

Egg Day: Apr 20; crafts, entertainment and a parade. Penguin Day: Apr 27; learn about migration & fun penguin facts Mother's Day: May 12; All mothers admitted free: Parking \$12; join

activities for M.O.M. (Missing Orangutan Mother).

Party for the Planet: May 18 & 19; Eco-friendly family fun

Brick Dinos: May 25-Sept 2; Meet dinosaurs from the air, land & sea built from Lego bricks; become a paleontologist & uncover dinosized secrets; \$3 extra per person.

Father's Day: June 17; All fathers admitted free; Parking \$12. Hrs: Mar 1-May 25; 9-4:30pm; May 25-Sept 2; 9-5pm. 771-3040

Reduced-priced tickets for the Zoo and other attractions will again be sold by the Milw. Rec. Dept. Tickets will be available for purchase at 5225 W. Vliet, Room 163. Check later in spring for this site to be updated: http://milwaukeerecreation.net/attractiontickets Cash only. Last year, Zoo tickets were discounted \$3.25-\$4.25 each. Also savings on Six Flags, water parks. 475-8180

### Maple Syrup Family Day in Richfield

Mar. 23, Richfield Historical Park, 11am-4pm Maple syrup and blacksmithing demos, story times in the log cabin at 11:45, 12:45, 1:45. Other exhibits in log cabin, log barn, sugar shack. Free, but \$5 fee if wish to tour Mill & Mill House. Use park entrance at 1896 State Rd. 164, Richfield. About 15 mins. north of Menomonee Falls.

### Free Day at Schlitz Audubon Nature Center

June 8: Free admission in conjunction with National Get Out Doors date; watch their website at www.schlitzaudubon.org for more info. Last year's activities included guided nature hikes, live animals and birds of prey. 1111 E Brown Deer Rd

Earn Zoo coupon at Great American Cleanup

9am-noon Apr. 27 at Hawthorn Glen, 1130 N. 60. Each year, this cleanup attracts over 100 enthusiastic volunteers to help us put litter and nature back in place. Help clean for as long as you like (but at least one hour). Other locations at www.kgmb.org 647-6050. All participants in this annual cleanup usually receive a coupon good for one free admission to the Zoo or one free admission to a Milw. Co. Parks swimming pool/water slide attraction, or to the Milwaukee Public Museum.

### The Domes

**New Free Day:** first Thursday of the month, 9am-5pm. Free all day on Apr. 4, May 2, June 6 to Milwaukee Co. residents w/ ID.

Hrs: 9am-5pm M-Fri. 9am-4pm weekends. 524 S. Layton. 257-5611. MitchellParkDomes.com

Miniature Milwaukee Train Show. thru Apr 7.

**Spring Equinox Celebration**, 9am-4pm Mar. 17. Family-friendly event w/guided sampling tours, astronomy, animals, music, demos, Tai Chi, mini workshops, hands-on activities.

**World of Dancing**, 9am-4pm Apr. 7. Discover the colors, music, and dance that make up Milwaukee's ethnic and cultural heritage.

Art in the Green, Apr. 27-28, local art, live music, face painting, sidewalk chalking, Legos, kids' crafts. \$7/day includes the Domes.



### **UWM** Planetarium

**Arabian Nights,** 7-8pm Fri, Mar. 29-May 3, UWM Planetarium, 1900 E. Kenwood Blvd. Physics Bldg Rm 139 \$5. Learn about Arab culture, from food to architecture, as well as its many contributions to astronomy. Guest speakers will give a personal account of their homelands, Palestine and Algeria. Gaze at the starry sky as astronomer Jean Creighton

shares her favorite story from *One Thousand and One Nights*. Purchase tickets at www.uwm.edu/planetarium, or in person half an hour before show starts. Shows sell out so online purchase recommended.

Music by the Light of the Stars 2-3:30pm April 28. \$5

**Unblinded by the Light** Apr 17 6:30-7:30pm free. From growing plants in space to treating eye disease on earth, learn about NASA's role in development/application of light-emitting diode technology

**Stargazing with telescopes** 9:30-10:30 April 5, May 3. Live outdoor stargazing on Physics Bldg. rooftop (weather permitting; otherwise relocated to stargazing show in planetarium). Free.

### Urban Ecology Center At all 3 branches

Spring Adventure Days during spring break, 9am-4pm for 1st-6th graders. Explore with hikes, games, crafts, hands-on activities. Sliding fee starts at \$35 ea. day. Dress for the weather; bring a bag lunch. *Riverside Park:* Apr 15, Animals in Spring; Apr. 18, Earth Heroes.

*Washington Park* Apr 17, Outdoor Sports; Apr 22 Creative Nature *Meno. Valley* Apr 16: Water Everywhere; Apr 19:Habitat Hunt

Earth Day of Service Apr. 27, 9am-noon Milwaukee Riverkeeper event, providing gloves, trash bags, free T-shirts (if register ahead). Under age 18 must have signed waiver. Visit bit.ly/MRKCleanup24 After morning of clean-up: free Rock the Green celebration in Estabrook Park, Picnic Area 8, noon-2pm, food, friendly company, more

**UEC - Riverside Park** 1500 E. Park Place. 964-8505 **Nature Rangers** 4-5:30pm Mon. Ages 5+. Sliding fee starts at \$14 for all 4 sessions in the month. Hikes, games, experiments, crafts.

**Earth Poets and Musicians Extravaganza** 7:30-10pm Apr. 19, suggested donation \$5-10 to benefit UEC.

### UEC - Washington Park 1859 N. 40, 344-5460

**Nature Arts & Crafts Night**, 5:30-6:45pm every 3rd Wed. of the month. For adults and accompanied children. Free. Create with all kinds of materials. Free.

**Young Scientists Club** activities range from hiking to helping with research to caring for the Center's animals. 4-6pm Tues-Fri. 1-4pm Sat. For ages 5-12. \$15 annual membership.

Environmental & Social Justice Film Series, with discussion following. For adults, teens, accompanied children. Free. Mar. 26: *The Waterfront*; Apr. 23: *Invisible Lines*: May 28: *Torn by Trauma*.

**UEC - Menomonee Valley** 3700 W Pierce St, 431-2940 **SWAN Day: Support Women Artists Now,** 12-3pm Mar 23. Work by 100 local artists, a community art build, dance, & more. Free

**Young Scientists Club** inc. hiking, to helping with research, to caring for the Center's animals. 4:30-6:30pm Tues & Thurs; 1-4pm Sat. for ages 5-12; \$15 annual membership.

**EcoArt** 4:30-5:30pm Wed, for families w/ages 12 & younger. Free -14-

### Parenting groups, fun activities at family centers

### The Parenting Network



parenting network

The Parenting Network provides education and support to anyone in a parenting role -- parents, grandparents or other relatives raising children. Programs held throughout Milwaukee Co. and at our home site, 7516 W Burleigh. Check website for additional sites and dates: www.theparentingnetwork.org To register for classes call **671-0566**.

**Parent Helpline** free confidential phone line for parents and caregivers. Contact Parent Helpline for parent support, resources or to register for programs, **671-0566** 

**Triple P Parent Support Coaching** You love your kids, so why is it sometimes so hard to love being a parent? Sit down with a Triple P accredited parent coach for thoughtful advice on a specific problem. Call for an appointment, 671-0566. For parents of ages 2-12. FREE

Welcome, Baby! the first years of your child's life are the most important. For expectant moms, caregivers and grandparents with children under age two. Provides weekly education, support and resources. Additional one-on-one sessions address individual parenting concerns. Child care provided. FREE. Offered at:

- The Parenting Network, 7516 W Burleigh. 10-11:30am Thurs.

**Dad Matters 24**/7 Every child has a place inside that only a dad can fill. Ongoing 10-session series, 10-11:45am Sat. at The Parenting Network, 7516 W Burleigh, \$30. No child care available.

**Stewards of Children**: Workshop provides you with the tools to help prevent the sexual abuse of children. Free to parents; call for child care. 6pm March 18; 9:30am April 12, 6pm April 17. Held at The Parenting Network, 7516 W Burleigh.

**Parent Café's** Be a voice in your community! -share your wisdom -learn from others -act together to create change. These peer-to-peer support and learning groups are offered in three Milwaukee neighborhoods: Muskego Way, Metcalfe Park and Harambee. Cafés are FREE and open to the public. Registration required for childcare. Info: Andrea, 671-5575 x12 or alibber@theparentingnetwork.org.

**Positive Parenting** enhance your parenting knowledge through focused discussions on child development, nurturing family routines, self-esteem, non-violent discipline and techniques to manage stress. \$30. Child care provided. Ongoing 10-week sessions, offered 3 times each week:

- St. Josaphat Basilica, 6:30-8pm Thurs., 2322 S. 7 St.

- The Parenting Network, 7516 W Burleigh, 6-7:30pm Wed.
- The Parenting Network, 7516 W Burleigh, 10-11:30am Tues.

**Entrepreneurs Need Self-Care Too:** monthly networking meeting will also include advice on becoming an entrepreneur from a successful business owner. 6-7:30pm Mar. 18, at On The Bayou, 2053 N Dr. Martin Luther King Dr. 736-6637. Free. See other Christian Connections monthly topics, open to all, at www.ccenetwork.org

**FREE Baby Box** to provide safe place for newborn baby to sleep for ALL parents and caregivers. No residency restriction. Appointment encouraged, Greenfield Health Dept 329-5275.

### **COA Youth & Family Centers**

- Riverwest Family Resource Center 909 E. Garfield

Contact Shay Knox with questions and/or concerns: 290-7908 All programs are free.

**Family Drop-In** 9:30-11:30 a.m. Mon-Fri. Join us for free play, a healthy snack, an art activity, and finish off the morning with circle time filled with nursery rhymes.

**Lunch Bunch**, 11:30-1 pm Monday, Tuesday & Thursday. Bring your own lunch, eat with other families, play afterwards.

- *Gill Family Resource Center*, Goldin Center 2320 W. Burleigh See Professional Development p. 21.

For more information or questions:

Brooks Griffin, 265-7689, bgriffin@coa-yfc.org Nicole Thompson, 265,7696, nfranklin@coa-yfc.org

**Daily Family Drop-In** Mon., Wed., Fri. noon-4pm. Tues. and Thurs. 10am-2pm. Free playtime, snack, arts & crafts, and opportunity for new parent connections.

#### CenteringParenting and PregnancyCare Groups

Are you or your partner pregnant? Wish you had more time with your doctor? Have questions about pregnancy, delivery, or having a newborn?

Join us for CenteringPregnancy: Prenatal care in a group setting & CenteringParenting: Family centered care in a group setting.

To register, or for more info: 444-0077 or Centering@aurora.org

**COA Health Fair:** 4-7pm Apr. 26. Join us and be "Lit To Be Fit 2. There will be several FREE health resources, games, prizes, and fun for the entire family!

### **Our Daily Bread Community Outreach Center**

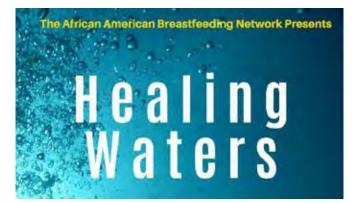
6040 W Lisbon #203, 301-3732. Prenatal/new moms p. 18-19

**7th Annual Mommy & Baby Community Resources Fair**, 12:30-3:30pm May 4, Washington Park Library, 2121 N Sherman Blvd, upper level.

For pregnant women and families with children up to 4 yrs. old. Receive valuable information on free community resources. Enjoy door prizes, food, and gifts. Also, meet our community partners and receive free resources on their services. Info: 301-3732.

A Better Us Support Group for Mothers: Group helps with resources and support for expectant mothers and new mothers with AODA/mental health issues (depressions, family addiction, loss of child, etc). Facilitated by therapist from AMRI Counseling Services. 6-7pm 2nd & 4th Mondays of every month, beginning March 25. (sign in by 5:45pm and receive free diapers). Our Daily Bread Community Outreach Center, 6040 W. Lisbon, #203. Info: 301-373

Mother's Day Luncheon & Fashion Show, Racine, 3-6pm May 11, The Branch at 1501 Washington Ave., Racine. \$10 mothers; \$15 other adults; \$5 ages 5-17. Free tickets are available for moms in need. We are looking for mother /daughter inspirational stories and models for the fashion show. We're partnered with Dress for Success Boutique in Racine. All women who commit to participating in our fashion show will receive a free outfit. Call 262-612-3986 or visit: www.Victoriouswomenmag.org



### A sacred gathering for families experiencing infant loss

10-11am on the first Saturday of the month

Sojourner Family Peace Center 619 W. Walnut St.

#### Facilitator: Deeanna Brown, RN Nurse and Grieving Mother

Over the last decade, the African American Breastfeeding Network has celebrated the beauty of birth and breastfeeding with more than 1,000 families. Unfortunately, we have also heard the many voices of despair from families who have lost infants.

We've made a commitment to end suffering in silence due to infant loss. Healing Waters will support families who have experienced infant loss of a pregnancy at any stage or death of a baby up to 12 months of age.

The pain families experience is insurmountable, traumatizing, and unbearable. Our trained facilitators and volunteers welcome families to join with others who share in grief. Healing Waters is a safe space to help mothers and their loved ones begin or continue their healing journey. For more information, contact Shanice Baquet, the project coordinator, at 914-0472, or visit AABNetwork.org

Latino Health Equity Summit, April 9, Italian Community Center, 631 E. Chicago St. \$40 for program/speakers, includes light breakfast, lunch, 3pm networking reception.

Sponsorships for students to attend free are available; contact: kelsey.kerslake@sschc.org Register: http://sschc.org/

**Boss Lady Breakfast:** 7:45-9am Apr. 22 at 88Nine Radio Milwaukee, 220 E. Pittsburgh Ave. Milwaukee is full of creative and powerful women doing amazing work; hear some of their stories in a PechaKucha-style format (20 slides are shown for 20 seconds ea.). Free, but must register (Facebook or Eventbrite). Coffee/breakfast from Stone Creek while it lasts.



### Breastfeeding resources

African American Breastfeeding Network Breastfeeding Community Gatherings for pregnant mothers or mothers breastfeeding newborns younger than six weeks. Dads encouraged to attend; that discussion led by father leader. Registration encouraged, but not required: 617-3441. Two monthly educational sessions:

**Every 2nd Thursday:** Northside YMCA. Program and dinner, 1350 W. North. 5:30pm.

**Every 3rd Saturday:** Parklawn YMCA. Program and lunch. 4340 N. 46. 11:30am

*New!* **Breastfeeding Chat Room** for mothers providing breastmilk to babies 6 weeks & older. Every 2nd Saturday, 11:30am at Parklawn YMCA, 4340 N. 46. Safe space for mothers of color to gather and share concerns or tips for breastfeeding success.

- Columbia St. Mary: *Breastfeeding Getting Started* 6-8:30pm Wed. Apr 10, May 8, June 12. \$20 (scholarships available). Attend while pregnant. *Working Women & Breastfeeding* 1:30-3pm Wed. Mar 27, Apr 24, May 29. \$15. 2323 N. Lake Dr. Register: 585-1025. If not sure baby is getting enough milk or if mom is in pain call 291-1440 ASAP; don't wait for class.
- St. Joseph Hospital *Breastfeeding with Confidence* 6-8:30pm Mon. Mar 18, Apr 8, May 6, June 10. Best if attend at 7th/8th mo. \$20 fee waived for WIC moms. Register online. Info: 477-2622 Classes also at Elmbrook Hospital, Brookfield.
- 16th St. Community Health Center at 1032 Cesar Chavez Dr. Every Thurs. breastfeeding class 11am-noon. Spanish. To request set-up for English, call 897-5289
- Mothering the Mother, Inc. www.motheringthemotherinc.org Free breastfeeding help can be scheduled online: see *Services* tab Breastfeeding & childdbirth classes, see website for dates. Classes in person or virtual. All classes on a sliding scale: \$10-\$40 (pay what you can afford). 1588 S. 81 St. West Allis. 378-9524
- Waukesha Co. classes: Breastfeeding with Confidence classes \$15 6:30-8:30pm at Waukesha Memorial Hospital Mar. 18, Apr. 4, Apr 22, May 13, or May 30 and at Oconomowoc Hospital on Apr 15.
- Waukesha: Breastfeeding class 12:30-2:30pm Apr 3, 10am-noon May 13, and 4:30-6:30pm June 11. Also in Spanish. Register, Waukesha Co. Public Health Dept: 262-896-8362.
- **Breastfeeding groups** at Pewaukee ProHealth Westwood Health & Fitness 1-3pm Wed; Oconomowoc Hospital 1-3pm Thurs. Breastfeeding helpline: 262-928-7650

### Second Saturday family gathering

Join the fun Apr. 13 and May 11! 11am-1pm. Doors open at 10:45am and no admittance after 11:30am. All Saints Church cafeteria, 4050 N 26. Fun activities, tasty lunch, new friends, free books and gifts. Enter on south side between 25th & 26th. Bus lines 26/62. Free bus picks up at 10:35am at 16th St. Comm. Health Center, 1032 S Cesar Chavez Dr. Returns at 1:30pm. No meetings in June-Aug

A program of the Christ Child Society of Milwaukee.

Babies are safest when they sleep alone, on their backs, and in a crib free of blankets, pillows, or toys. Home should be smokefree. Exposure to smoke raises risk of sleep-related deaths.

If you are in need of a safe place for your baby to sleep, contact the Milwaukee Health Department, 286-8620, or HOPE Network.

### **Postpartum resources, support**

Not feeling yourself while you're pregnant, or after the birth of your baby? Are you feeling depressed, anxious, not sleeping, isolated and overwhelmed? You're not alone! Here are resources that can provide a safe and caring place for connection and recovery.

Vent Wednesday support group: 1:30-3pm first Wed. of the month. Hear from moms who have been through postpartum depression and find out what got them through. Drop-in. Free. Columbia St. Mary's, Nicholas Family Education Rm, 2323 N. Lake Dr 585-1025

Mindful Moms Group, noon-1pm 1st & 3rd Fridays at Authentic Birth Center/Wellness Collective, 530 N. 108th Place, Ste. 100, Wauwatosa. Breathe Mama Breathe: 5-minute Mindfulness for Busy Moms will guide this group led by Dr. Jennifer Swanson. Participants will learn to live in the present moment and accept whatever feelings are there, and feel supported as they share their struggles & successes. www.authenticbirthcenter.com Free. 231-9640

Call the Postpartum Support International HelpLine: 1-800-944-4773 or text 503-894-9453. You'll be asked to leave a confidential message, and a trained and caring volunteer will return your call or text.

Well Badger Resource Center 1-800-642-7837 7am-6pm M-F Referrals to health resources, inc. support for postpartum depression



Using a baby carrier can ease the newborn's transition into the world by providing broad body pressure similar to what they felt in the womb. Many newborns and infants prefer to stay close to a caregiver and baby carriers can help provide a space for the child in a comfortable, hands-free way.

Since it's best to try on a carrier to see if it works for your body type, Milwaukee Babywearing offers two monthly meet-ups to try on baby carriers:

- Bay View Community Center, 2-4pm 4th Friday of the month, 1320 E. Oklahoma

- Close to the Heart Boutique, Cedarburg, 10:30am-12:30pm 2nd - Silver Spring Neighborhood Center, 5460 N. 64, 463-7950 ext. 70 Monday of the month. W62N555 Washington Ave.

More info on Facebook: milwaukeebabywearing

These sessions are a combination of social gathering and learning/ lending. Volunteers will answer questions, show carriers/carries, and help adjust fit as needed if you bring your own carrier. The Learning/ Lending Library will be available for trying on carriers and carrier rental (\$6 per month).

Youth and Teen Poetry Competition The city-wide competition (ages 7-18) centered around the question: How do you see the natural world you live in? Submissions can be made online Mar. 1- April 15.Additional details: www.mpl.org/for youth/teens/ poetry contest.php

**For teens:** Get Your Money Right With Secure Futures 6-7:30pm Mar. 19 & 26. Fun, hands-on workshops will cover the ins and outs of banking, credit scores, investing, and savings options. Mitchell Street Branch, Hear from professionals and other teens. Refreshments



### Strong Baby Sanctuary

Are you pregnant or have you recently given birth? Contact a Strong Baby Sanctuary to learn about community resources to support you and your family. The Strong Baby Sanctuaries embrace pregnant women and their families and offer information and resources, mentorship and spiritual support to create stronger babies in the Milwaukee community.

For information or to schedule an appointment, please call:

- Ascension Fellowship Church, 4925 N. 24 Place, 378-4031

- Bethel CME Church, 3281 N. 26 St., 315-0272

- Bethel Temple Church of God in Christ, 2576 N. 5 St., 397-5833
- Bountiful Harvest Church of God, 3300 N. 39 St., 871-3881
- Bradford Memorial AME Church, 4260 N. Teutonia, 445-2189
- Calvary Baptist Church, 2959 N. Teutonia, 372-1450
- Capuchin Community Services/House of Peace, 1702 W. Walnut, 933-1300 ext. 11
- Catholic churches/eastside/St Hedwig 1716 N Humboldt 271-6577
- Divine Temple C.O.T.F.B., 5532 W. Hampton, 617-3300
- Ebenezer Church of God in Christ, 3132 N. King Dr., 793-0328
- God's Hands Outreach Ministry, 6151 N. Sherman, 687-1888
- Greater Bethlehem Temple World Ministries, 222 E. Center St., 264-5350
- Hephatha Lutheran Church, 1720 W. Locust, 264-0238
- Holy Cathedral Church of God in Christ, 2677 N. 40, 447-1965
- Lamb of God Missionary Baptist Church 8415 W Bradley 355-0931
- Little Community C.O.G.I.C., 2025 W. Hampton, 514-5151
- Mt. Zion Missionary Baptist Church, 2207 N. 2, 372-7811
- New Covenant Baptist Church, 2315 N. 38, 873-1221
- Newport Missionary Baptist Church, 2237 N. 11 St., 265-5881
- Northwest Baptist Church, 4373 N. 92, 463-3630 ext. 603
- Pilgrim Rest Baptist Church, 3456 N. 38 St., 873-1045
- Reformation Lutheran Church, 3806 W. Lisbon, 444-0440
- St. John Concordia CME Church, 300 W. Concordia, 264-9881
- St. Joseph Campus (Ascension), 5000 W. Chambers, 793-0328
- St. Martin de Porres Catholic Church, 128 W. Burleigh, 372-3090
- St. Matthew CME Church, 2944 N. 9 St., 213-5091
- Trinity CME Church, 1601 W. Clarke St, 204-9528
- True Love Missionary Baptist Church, 210 W. Keefe, 264-6869
- Unity Gospel House of Prayer Apostolic Church, 1747 N. 12 St. 574-1245

- Unity Lutheran Church, 1025 E. Oklahoma Ave., 744-6311

- Village Ministries Inc., 2614 W. Center, 535-8227

### Consider joining the Sanctuary program

This program in the faith-based community does important work to ensure that more Milwaukee babies are born strong and can thrive through their first year of life. Contact: Penelope 465-4587

Child-proofing Kits: FREE home visit or educational session and items provided for child-proofing your home. Must live in City of

# Local resources help you be a better parent

### PREGNANCY -

Counseling and prenatal care

- **City of Milw. Health Dept. home visits**: offers several nurse home visit programs for parents-to-be who are City of Milwaukee residents. Call 286-8620 to speak with a nurse.
- Waukesha: Childbirth education classes on Tues. in April 12:30-2:30pm Free. Participant receives free baby gift after each class attended. 514 Riverview Ave. Register: 262-896-8479 www.waukeshacounty.gov/pregnancy
- **UWM Community Nursing Centers** Prenatal care coordination services. Contact our PNCC Liaison at Silver Spring Community Nursing Center, 5460 N. 64; call 535-0432 for info or to schedule at appointment. Family Planning Only Services are also provided at this site.
- **Next Door** Head Start and Early Head Start home visitation provides weekly home visits for pregnant moms & families with children up to 5 yrs. Site-based programming for children 6 wks. up to 5 yrs. Services available for special needs children. 2545 N. 29 St. & 5310 W. Capitol 376-8902 x2534 www.nextdoormke.org
- **16th St. Community Health Center** *At 1032 Cesar Chavez Dr:* Every Tues. car seat class English/Spanish 10-11am Series of 4 prenatal classes, call for dates: 897-5296. Spanish: Every Thurs. 5-7pm; English: every Tues. 5-7pm at Chavez location. Parenting Skills Class, 10am-noon Thurs. Call Sarahi to schedule.
- Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. ongoing at The Parenting Network, 7516 W. Burleigh, 671-0566.
- Mommy & Baby-Live Well Be Well supports expectant mothers & mothers with newborns (30 days or less). AODA/mental health assistance, parenting classes, nutrition education, community activities, breastfeeding training, lifestyle management (stress relief techniques) clothing incentives, and \$25 client referral program. Our Daily Bread Community Outreach Center, 6040 W Lisbon, #203. 301-3732.
- **Encompass Solutions:** confidential support to help expecting mothers and mothers with newborns obtain the services they need to have a healthy pregnancy/baby as a free benefit through Wis. Medicaid (BadgerCare). Coordinated Child Care program for children 60 days-7 yrs. PNCC/CCC services inc. childbirth/parenting education, nutrition/breastfeeding support, baby items, housing/ employment/community resources, parenting support. 722-3274 www.encompass-solutions.org
- Kingly Community Resource Center provides information, resources and support to pregnant women & mothers of newborns (2 mos. or younger) who receive Medicaid/BadgerCare. Referrals given to financial resources, quality healthcare, quality childcare, computer lab, resume prep, and parenting classes. 4200 N Holton St Ste. 110. Contact: Ms. Torrie Moffett, 933-6768
- **Mothering the Mother** Birth professionals Meet & Greet (call for date). PNCC services to those who qualify; childbirth & breast-feeding education & support groups. Classes in person or virtual, on a sliding fee scale: \$10-40; pay what you can afford. 1588 S. 81 St., West Allis. 378-9524. www.motheringthemotherinc.org.

- **Prepared Childbirth** classes at Columbia-St. Mary's Hospital See www.healthcare.ascension.org/Events \$80, but partial or full scholarships available. Must register. 2323 N Lake Dr. 585-1025
- **Childbirth Preparation** series at St Joseph Hospital and Elmbrook are listed at: www.healthcare.ascension.org. \$80 fee waived for WIC moms. Call 447-2622 for information.
- **Childbirth education**: free classes (**Easter Seals** Safe Babies Healthy Families) at **Aurora Sinai**, 960 N. 12, 4:30-6:30pm 4 Thurs Call for dates. Receive diapers by attending all 4 classes Register: 449-4444
- Inner Peace Doula Services provides birth and postpartum doula services along with non-judgmental support, resources. Will work with you on various payment options. Contact Tonia, 915-0308 or Innerpeacedoulas@gmail.com to set up free consultation
- Well-Rounded Maternity Center: Babywearing Basics 1pm Mar. 23; Cloth Diapering 2:30-4pm Mar. 23. \$15 each. Resale of maternity clothes & cloth diapers 2455 S Howell. 744-7001
- **Prenatal care coordination** from health insurance companies includes help to find baby supplies, local resources, childcare, and provide info on nutrition, breastfeeding, parenting:
  - *Managed Health Services* Start Smart: 1-800-496-5803. Includes free home visits from nurse or social worker.
  - If you have *Dean Health Plan*, call 608-830-5908 re: the Strong Beginnings program
  - *UnitedHealthcare* 1-800-599-5985 free to anyone with Medicaid. Provides ongoing prenatal support over phone re: Healthy 1st Steps
  - Healthy Mom, Healthy Baby Prenatal care coordination program free to Children's Community Health Plan members (HMO for families w/Badger Care Plus). Get support & services needed to have a healthy pregnancy, healthy baby. Incentive program to earn baby items & gift cards, welcome mom kit, breastfeeding kit, home visits. 266-3751

*iCare for Mom and Baby:* free prenatal program for pregnant *i*Care BadgerCare Plus and Medicaid SSI members. Help to find a health care provider and obtain baby supplies. Independent Care Health Plan (*i*Care): 1-800-777-4376.

- **Care Net Pregnancy Center of Milwaukee** 10am-4 pm Mon-Fri Pregnancy tests, ultrasounds, free prenatal vitamins, maternity clothing, baby clothing, diapers & items. Post abortion support & options counseling. Call for an appointment. Free, confidential. 2917 N Oakland. 962-2212
- Pregnancy counseling & resources & Family Resource Center: Children's Hospital. 453-1400.
- **Coalition for Children Youth & Families** provides information to those thinking about adoption for their child and to prospective adoptive parents, professionals & others interested in adoption information. www.wiadopt.org 1-800-762-8063
- Lutheran Counseling & Family Services adoption, birth parent counseling, resources, and education services. 3800 N Mayfair Rd. 536-8333
- **Milwaukee Birthright**, free pregnancy tests. Layettes given 3-4 wks before due date; bring photo ID, pregnancy statement. Clothing newborn to 4T. Always call before coming. 2025 W. Oklahoma Suite 125. 672-5433 (24 hr. line)

New Beginnings long-term program w/ housing that guides new,

single mothers towards self-sufficiency with opportunities to continue education, grow spiritually, learn parenting skills; also financial classes, and counseling. 376-0595

- **Women's Support Center:** 100% free services. Pregnancy tests, ultrasounds, breastfeeding & childcare classes, fertility care, material assistance for mothers with babies & small children, and natural family planning. 2051 W. Wisconsin Ave. 934-8888
- **Women's Care Center,** free pregnancy test, free limited Ob/ ultrasound (appointments required), medical & social service referrals, childbirth & parenting classes, material assistance when enrolled in Center services. 634 W Historic Mitchell St 645-4050, bilingual. 1441 N Farwell. 223-2610
- **APS Medical** unintended pregnancy consultation, free pregnancy tests, limited ultrasounds. Loving Parents Incentive Program, newborn gift pack, diapers, post-abortion support. 8501 W Lincoln, 1214 S 8 St. Call helpline for walk-in hrs or appt. 727-8177
- Adoption Choice, Inc: Confidential, supportive and caring private agency offering free pregnancy counseling, emotional support & adoption support services. Education, resources, home visits. 500 W. Silver Spring, Ste. K235. 24 hr hotline: (800) 255-6305
- Pregnancy/Parenting Hot Line confidential line for Waukesha & Milw. Co. Pregnancy & parenting info, referrals for insurance, doctors, WIC. housing, etc. 8am-4pm M-F 262-548-4000
- **Catholic Charities Pregnancy Support Program** assists expectant mothers and new mothers with emotional support, community resources, education for pregnancy and parenting. Also works with parent wanting to make an adoption plan. Home visits available. Free. 2021 N. 60. 771-2881
- Pregnancy Support Services of ECFA provides free in-home services inc. pregnancy counseling & support, goal setting, community resource referrals, safe sleep, car seats & other baby needs, parenting support, adoption services. Evangelical Child & Family Agency, 1617 S. 124. 262-789-1881 24-hr. emergency line
- Bethany Christian Services free pregnancy counseling, information on all options, confidential support, adoption & voluntary foster care services, parenting resources. N14W23755 Stone Ridge Dr Waukesha. In-home visit if have no car/Wendy: 262-547-6557
- Waukesha/ Tomorrow's Choice Family Resource Center Mon 4-7pm, Wed & Sat. 9-noon Free, confidential counseling re: pregnancy & post-abortion stress related issues. Baby supplies are also distributed (diapers: size NB-5, wipes, clothing up to 24 mos.) Not a medical facility. 912 N Barstow, Waukesha, 262-513-9590
- **Easter Seals, Safe Babies Healthy Families** pregnancy & parenting home visits for Waukesha and Milwaukee Counties (plus some areas of Walworth Co.) Education, support, resources, adoption information. English/Spanish mom's groups. Baby Buddies, Childbirth education class in Milw Co. 449-4444

### **BABIES and CHILDREN**

- Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. ongoing at The Parenting Network, 7516 W. Burleigh, 671-0566.
- Mommy & Baby Live Well Be Well Care coordination (CCC) for mothers with newborns (30 days or less). Continued CCC services until child is age 7. Access to AODA/mental health educational classes, social activities, employment, clothing incen-

tive for both mom & baby, \$25 client referral program, community resources. Our Daily Bread Community Outreach Center, 6040 W Lisbon #203, 301-3732

- **Mommy & Baby Project**: free emergency diapers, by appt. only. Call 755-0535 and leave your name and phone no. (speak clearly). Also see support group (2nd & 4th Mon. from 6-7pm) and other events at Our Daily Bread Outreach Center on p. 15
- My Morning with Mom 10-11:30am Thurs mothers & babies, discussion with health care professional. Aurora Women's Pavilion 8901 W. Lincoln. Info: 888-863-5502
- **New Parents Network** Newborns & infants 11am-1pm Wed. Toddlers 9-11am Wed. Registration not required. Columbia St. Mary Hospital/Nicholas Family Education Cntr, 2323 N Lake Dr
- Moms Chat 10-11:30am Tues. Ascension Brown Deer campus inside Y. 9252 N Green Bay Rd 447-2622 Registration not required
- Infant Massage 10:30-noon Mar. 23; 9-10:30am Apr. 27; 1:30-3pm May 8. Bring baby 4 wks to pre-walker. \$21 (includes Loving Touch Massage booklet), but can ask for scholarship. Columbia St Mary, 2323 N. Lake Dr. 585-1025
- Well-Rounded Maternity Center: closing at end of March
- **Women's Care Center** Material assistance (diapers, car seats, cribs, etc.) when enrolled in Center services. Classes: one-on-one birth preparation, baby care basics, breastfeeding, & goals 634 W Mitchell St, 645-4050/1441 N Farwell 223-2610
- New Concepts 8-wk parent series Wed 10-noon or Th 5-7 pm Register 1st day; only 30 in class. 1531 W Vliet 344-5788 x22
- Children's Hospital adoption services, child & family counseling, foster care, parenting programs 620 S 76, Ste 240. 453-1400
- Baby Connection 10:30-noon Wed. free mom's group Elmbrook Mem. Hospital's Pavlic Center, 19305 W. North Ave. 447-2622

**Safe Families for Children** Provides a secure, temporary home for children whose parents are in a crisis situation. May provide housing assistance to teen moms and their children. Families in need may also be connected to Family Friends and Family Coaches. Info: 345-8715 8:30-5pm M-F

# Are you pregnant, just had a baby or have children under 5? WIC can help you

WIC provides food, as well as nutrition information, to help keep families healthy. See listing of WIC clinics on page 3.

### Share birth stories; receive stipend

Everyone has a Birth Story. Whether it's a story from your own experience or from someone you know, each story is unique and powerful. Was it amazing? Devastating? Challenging? Best Babies Zone Westlawn invites you to connect with others through sharing your own Birth Story in a Storytelling Workshop 4:30-7pm Apr. 25, Victory Manor, Westlawn Gardens, 5556 N. 68.

Participants from Westlawn Choice Neighborhood will receive stipends (from Sherman Blvd, west to 76th St.; from Villard, north to Mill Rd). Each attendee who is registered and participates will receive a \$50 stipend, and is eligible for a \$5 transportation reimbursement and a \$20 childcare reimbursement. To register, go to http://bit.ly/2SM7iXw or contact Marcia Blackman 263-8154 or mblackman@unitedwaygmwc.org. This workshop is supported by Greater Milwaukee Foundation and United HealthCare.

# Classes for child care providers, budgeting, home buyers

### **Tier 2 Early Childhood Continuing Education**

FREE childcare provider continuing education Tier 2 by Milw. Public Library. Required early registration begins about one month before workshop, Registry ID required; classes fill up fast: call 286-3011 or register online at www.mpl.org/childcareworkshops

**Start Right, Finish Bright:** Building Foundations in Your Infant & Toddler Classroom Learn to create an optimal environment for healthy brain development. Leave with a list of great books and activities that promote early literacy skills. CE: 3.0 hrs. Washington Park Library, 10:30-1:30pm Apr 6

**Sparking Toddlers' Vivid Vocabulary** Fun & enriching ways to build oral language skills of toddlers with language-building books & other activities. CE: 2.5 hrs. Mitchell Street 10:30-1pm Mar 30

**Wonderful Words! Developing Vocabulary** The more words a child hears, the stronger their vocabulary and reading skills will be. In this workshop you will learn how to develop the vocabulary of your students through fun age-appropriate activities. CE: 2.0 hrs Martin Luther King Library, 10:30 am-12:30 pm Apr 27

### 4C For Children

Training for existing and new child care providers and helps parents find quality child care. It's the official Child Care Resource & Referral Agency for this six-county area.

**Child Care Info Sessions:** for those interested in becoming a regulated child care provider. Learn about the different types of regulated child care in Wis. and the steps you need to take to start the process for each type. \$10. Held at 4C office: 1736 N. 2nd St. Call for date of next session. 562-2650.

For info about **child care trainings or child care continuing education**, see class listings under the "Training" tab at the website: www.4C-forchildren.org

**Referral Line:** 562-2676 for parents seeking child care options. Or, start a search at above website. 4C maintains a database of regulated child care programs. Along with a list of customized child care referrals, families will receive resources and tip sheets on selecting quality care, sample interview questions, and a checklist to help families with their search. 562-2650

### Free Head Start for infants & toddlers

- **Milwaukee Public Schools** Free Head Start for ages 3 & 4. Families supported with services in education, health, dental care, mental health, disabilities. Children w/special needs are an enrollment priority; those in foster/kinship care are automatically accepted. 26 sites with half-day K3, full-day K3 & full-day K4. To enroll: 777-7850

Neighborhood House has full day, full year Early Head Start program. Ages 6 weeks to 3 years. Special needs children welcome. Diapers provided in class. 2819 W Richardson Place. 933-6161 ext 139
Acelero Learning states they have achieved some of the highest assessment scores in the country, with more Five Star centers in SE WI than any other program. Diapers & meals are inc. if enrolled. 10 sites in Milw. Co listed at www.acelero.net. To enroll, call 616-5000

- Next Door Head Start programs offered at various sites, or as home visits. For information on how to enroll you child, call 376-8902 x2534 or complete an interest form at www.nextdoormke.org and a staff member will contact you. Walk-ins are welcome for enrollment at 2545 N. 29 St. & 5310 W. Capitol Dr.

### Home buyer workshops

Housing Resources, Inc., a HUD approved organization offers workshops for homebuyers or homeowners below. For more information, call 461-6330 or visit www.hri-wi.org.

**Homeworks Workshops for first-time homebuyers.** Real estate experts help buyers avoid common pitfalls when buying homes. Learn to improve credit, maintain savings, and budget. Hear about grants to help with down payment and closing costs.

-- 5:30-7:30pm Apr. 2, 9, & 16 or May 7, 14, & 21 or June 4, 11, &18 at Central Library

-- 10am-4pm Apr. 20 or June 8 at Journey House, 2110 W. Scott St.

-- 10am-4pm May 11 at Lighthouse Youth Center, 5641 N. 68

-- 9am-noon, Apr. 2 & 9 or May 7 & 14 or June 4 & 11 at the Mary Ryan Boy & Girls Club, 3000 N Sherman Blvd

**"I bought a house! Now What?"** workshops: maintenance basics, home retention tips, how to get involved in the community, and learn how to qualify for local home improvement or foreclosure prevention resources. 9am-noon Apr. 6 & 13, May 4 & 11, or June 8 & 15 at Housing Resources, 7830 W. Burleigh.

**Homebuyers Seminars** *United Community Center.* Learn the process of buying, get pre-qualifies for a mortgage, loan, homebuyer certificate, learn about grants. 6-10pm. 1028 S. 9, 384-3100

English Part 1 April 4, May 2, June 6
Part 2 April 11, May 9, June 13
Spanish Part 1 Mar. 21, April 18, May 23, June 20
Part 2 Mar. 28, Apr. 25, May 30, June 27

**Take Root Milwaukee Spring Homeownership Fair** Saturday, April 6 | 8am-Noon | Clinton Rose Senior Center, 3045 N Dr Martin Luther King Dr.

This FREE event will connect you to resources that can help you buy, fix and keep a home. Talk with lenders, Realtors, homeownership specialists, neighborhood and nonprofit organizations who can help you start on the path to homeownership.

Events include a 9am workshop on Getting Credit-Ready for Homeownership. Also, sign up at the event to go on an 11am Neighborhood Home Tours sponsored by Wells Fargo. The tourh will take you inside of three homes up for sale in the Harambee neighborhood to learn about downpayment assistance, mortgage loans and the home purchase and purchase/rehab process. More information at www.TakeRootMilwaukee.com

### **Spring Home Improvement Fair**

March 27, 6-7:30pm Journey House, 2110 W Scott. Presented by Clarke Square Neighborhood Initiative and Layton Boulevard West Neighbors. Connect with lenders, home improvement & repair resources and other community organizations to learn about buying or improving a house. Free. Info: Cinthya 944-6007.

**Rent for Success:** a free info-packed tenant training program. It educates renters to make safe, healthy choices in their housing, and provides resources if anything does go wrong with an arrangement. Learn how to understand rental agreements, advocate for yourself legally, repair your credit, get a free credit report, and select the right place to rent. Info: Dept. of Neighborhood Services 286-8122.

# Computer help

Milw. Public Libraries: free 2-hr. hands-on computer training; register at www.mpl.org or 286-3011. Walk-ins welcome if space is available. Computer basics, Internet, e-mail, beginner & intermediate Word, PowerPoint, Excel Day, evening, and Sat. a.m. sessions.



### Free adult education

By Literacy Services of Wis. thru MPS: GED prep, HSED alternative (No. Division only), reading, writing, math, ELL, citizenship, basic computer skills, resume prep, skills for helping children with homework. One-on-one or in small groups, classes or workshops at North Division High School, 1011W. Center, Rm 158, 267-5171 & South Division High School, 1515 W. Lapham, Rm 111, 902-8509.

### BankWork\$ free training program

Employ Milwaukee has brought the nationally successful Bank-Work\$ program to southeastern Wisconsin. Free 8-week training program prepares individuals for a career in retail banking. 9am-3:30pm M-F. Participants will gain access to jobs in retail banking through job training, coaching for career advancement, and hiring events. Interested? Go to www.employmilwaukee.org to register today.

### True Skool paid youth program

True Skool leadership and workforce development program provides youth with business and leadership workshops that address social justice & gender issues. 6-week course. Participants are hired and employed through MAWIB or as an MPS Arts Intern www.trueskool.org/summer-program 161 W. Wisconsin Ave, 445-9079

Summer Youth Internship Program (SYIP): Earn

& Learn is open to ages 16-19. Interns earn \$8.75 per hour, work M-F 20 hrs./week for 8 weeks: June 6-August 2. Assignments are in various departments within city government. Application deadline: Mar. 22 (but you must include transcripts, so don't delay). Apply online: https://city.milwaukee.gov/EarnandLearn/syip Info: 286-6076

# Want a GED? New skills can mean a better job

**Beware of scams:** GED tests are never offered online; they can only be taken in person at official testing centers, such as these:

**SDC**: HSED & GED classes have a rolling admission process with classes held throughout the year. Apply online at cr-sdc.org Classes at SDC office: 1730 W. North Ave. 906-2750.

Adult Learning Center, 1916 N. Vel R. Phillips Ave. Classes for students of all learning levels, from 3rd grade reading level thru high school. Call 263-5874 to sign up for test for new students (\$1 fee).

**The Dominican Center** is accepting enrollment in free adult education classes. 9-11:30am Mon-Thurs. at the Center, 2470 W. Locust. Info: Barbara Wells, 444-9930, barbara@dominican-center.org

**Next Door** provides services to all adults interested in pursuing adult education and achieving their GED. For more info: 376-8902 x2563

Literacy Services of Wisconsin: one-on-one and small groups offered for adults seeking tutoring in math & reading, English language

## Job help

**Journey House**, 2110 W. Scott: Join the THRIVE Workforce Development program and earn certifications in financial literacy, customer service, mental toughness, and job readiness. Graduates receive priority employment consideration with employer partners. Info: Ricardo Galaviz, 647-0548, or rgalaviz@journeyhouse.org

**Professional Development** at COA, 2320 W. Burleigh: 1-1:30pm Tues/Thurs. (closed Dec. 27). Help individuals in becoming employed or one step toward their career goal. Also, help with resumes, cover letters, and other needs will be offered. 265-7689

**Goodwill Workforce Center:** Free services to help you find a job. No appt. needed. 9-5pm M-F. Job postings, workshops & help with resumes/cover letters, access to computers, Internet, printer, fax; drivers's license recovery program. *3903 N. Richards*, 962-4148; *6055 N. 91*, 847-4960; *153 W. Oklahoma*, 847-4740; *5400 S. 60*, 847-1500.

YWCA Career Opportunity Center: resume & job search help, interview practice, on-the-job training. Walk-in, need to fill out intake form. 8am-7pm Mon. & Wed.; 8am-5pm Tues., Thurs. Fri.; 9am-1pm Sat. 1915 N. Dr. Martin Luther King Jr. Dr. 374-1800.

**Employment & Life-skills - The Women's Center** 505 N. East Ave. Waukesha. Call for topics for free monthly workshops. Additional 1:1 help with resumes, cover letters, interviewing. Free computer use for job search by appt. Free childcare by appointment: 262-547-4600

**Teens Grow Greens:** Elementary school students learn how to be successful growing food, character and community under the guidance of a teenage mentor in this summer program. Students meet every Wed & Sat. in the Franklin Heights, Amani, and Clarke Square neighborhoods. Email teensgrowgreens@gmail.com to sign up. Free

**Summer AgriCorps:** The Victory Garden Urban Farm is a 1.5 acre urban oasis in the heart of Milw. in the Harambee neighborhood. Summer AgriCorps runs 2-4:30pm June 17-August 21 Mon. & Wed for ages 8-14. Youth will work on the farm, practice cooking skills, and take part in leadership and personal development activities such as yoga, group initiatives. Info: Christine Kuhn, 431-0888. Free.

learning, GED/HSED preparation, basic computer skills, and citizenship at 1545 S. Layton Blvd. (643-5108), and downtown at 555 N. Plankinton (344-5878)

**Journey House Adult School** offers Adult Basic Skills and GED in English & Spanish, prep class for 509 HSED program, ELL (English Language Learners), citizenship, & bilingual computer classes. Morn., aft, or eve. classes start in June, Sept., or Jan. Small fee for classes. Free childcare for children (walking to age 6) a.m or p.m.. Info or to sign up for orientation: 647-0548.

**New Concept Self-Development Center:** adult education/GED prep free 9am-noon T/W/Th. Individualized class, transition to higher education at MATC. Visit class to register. 1531 W Vliet 344-5788

Waukesha WCTC campus provides free programs: Adult High School (credit recovery), High School Equivalency Diploma (HSED) & GED, English as a Second Language classes, and more. Programs are available to everyone. To get started, call 262-695-6500 for info.

### Free clothing at Southside Mothers Trading Post

If you need infant or children's clothing, visit our Mother's Trading Post, Ascension Lutheran Church, 1300 S. Layton Blvd.

° Used clothing. Now has a limited supply of older children's

sizes. You may bring clothing your children have outgrown.

° Each mother may take 1 bag of clothes and wipes and disposable diapers for each child in diapers.

The used clothing is free, but mothers are asked to bring 1 or 2 cans of food for the local food pantry (if getting diapers, it's a requirement). Co-sponsors: HOPE Network & Ascension Lutheran Church **When**: 9:30-11:30am (**MUST arrive by 11:15**)

1st & 3rd Thurs: Mar. 21, Apr. 4, 18, May 2, 16, June 6, 20



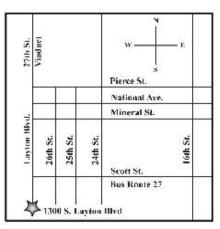
### Own a new home, for less than monthly rent

Milwaukee Habitat for Humanity partners with low and moderate income families to build single family homes in the City of Milwaukee. Once families complete the application process, they work alongside volunteers to put 300 hours of "sweat equity" into building their home. Monthly mortgage payments (with very low interest) can be \$500-\$800 (inc. taxes & insurance). That's less than most families pay in rent. Info: 255-3565 or visit www.milwaukeehabitat.org

### Help to make repairs to fix code violations

The Compliance Loan Program (CLP) helps Milw. homeowners make repairs needed to fix code violations on their property. Homeowners pay no interest and only pay back the loan when selling the property. Visit www.milwaukee.gov/clp for more info & to apply.

**Free driver's permit class** helps adults obtain a driver's permit and drive legally. Classroom instruction helps you understand the rules of the road and driver safety while preparing you for the written state driver's exam. 10am-1:30pm Apr. 1-4. Must attend all 4 days. You must have no unpaid tickets; bring a pen & paper to class and a Wis. DOT Motorists' Handbook (get at the DMV); and a state of Wis. ID card. Save \$15 off the \$35 permit fee if complete program & pass the test. New Concept Self-Development, King Comm. Center, 1531 W. Vliet. 344-5788.



### Ascension Lutheran Church

1300 S. Layton Blvd. (S. 27th St.),

On east side of Layton, one block south of Scott St. Bus # 27

Located in south wing of church; enter southernmost entrance marked by a brown canopy and number "1300." Room is now upstairs; take elevator.

### **Free Family Art Workshops**

Fun and affordable visual art classes for families, toddlers, children, teens, and adults at Sharon Lynne Wilson Center for the Arts, 18905 W. Capitol, Brookfield.

Plus: Free Family Art Workshops on 2nd Sat. of the month from 10am-noon. Topics: Crafty Butterflies: Apr. 13; Spring Gardens: May 11; and to be determined for the June 8 program. Must register; 262-373-5037 or register online at:

www.wilson-center.com/art-classes Classes fill fast; register ASAP. *Photo at left was from a recent workshop.* 

End-of-Winter Clearance Sale at St. Jude Thrift Shop, 822 Glenview Ave., Wauwatosa. All items 50% off Mar. 16 & 20. Everything in store will be \$1 Mar. 23 & 27. \$3 bag sale 9-noon Mar. 30. Hrs: 9am-3pm Wed. & Sat. 259-0975.

**Rummage Sale** May 31-June 2 Washington Co. Humane Society, 3650 State Rd 60, Slinger. 7am-4pm May 31 & June 1; clearance sale: 7am-noon June 2. Info: 262-677-4388



# JBF multi-day sales of children's items

shop, sell. save. smart!"

Spring / summer sale at State Fair Park May 12-17

Consignors sell a huge selection of kid's clothes, toys, strollers, car seats, books, maternity clothing. "Over 100 thousand items in 52,000 square ft...all you need for your kiddos in one place."

Expo Center, State Fair Park. 1st day, May 12, is \$3, but free with coupon; check after Mar. 17: www.milwaukeecounty.jbfsale.com/

\$6 parking. Or, park on the street or at Gate 6 for free and walk over to the Expo Center. Sun. 8am-7pm; Mon-Wed 10-7pm; Thurs. 10-5pm 25% off\*; Fri. 10-7pm 50% off\*; Sat. 8-3pm 50% off\* \*Items without a star on tag are discounted.

#### Other area JBF sales:

JBF Waukesha, Mar. 21-23. Waukesha Co. Expo Center, 1000 Northview Rd. Mar. 23 is 50% off all items without a star. Free ticket for Mar. 21 \$3 admission: www.waukeshanorth.jbfsale.com.

JBF Germantown, Mar. 27-Mar. 30. Washington Co. Fair Park, 3000 Pleasant Valley Rd West Bend. Sat. Mar. 30 is 50% off all items without a star on the tag. Check if there's a free ticket for Mar. 27 \$3 admission at www.germantown.jbfsale.com

# Sources for free or low-cost clothing

**Children's Clothing Center**: must have a voucher to shop, obtained from a school principal or social worker. With an official voucher, each child (grades K4-12) receives 5 tops, 3 pants, a hoodie, a winter coat, gloves, a hat, 7 pairs of socks, and underwear. 9am-noon Thurs. (not Dec. 27) & one Sat.: Jan. 12, Feb. 9, Mar. 9. For voucher info, contact: Sally Lautmann, 526-2574. Run by Ladies of Charity at 1936 N. 4th St. Clothing donations welcome. www.LOCMilwaukee.org

Reformation Lutheran Church **Neighborhood Store** 3806 W. Lisbon, high quality/low-cost clothes, household, 10am-2pm Tues. & Wed; 1-4pm & Sat 444-0440

Atonement Lutheran Church, 4521 N. 42, clothes for children, youth, women, & men, 9am-noon Sat. (or appointments: 431-2086)

United Methodist Children's Services 3910 W. Lisbon, noon-4pm 2nd & 4th Wed; kids' & adult clothing. Photo ID for adults (report card, etc for kids); proof of address (recent mail). Serves all Milw. County. 344-1818

**JLH Women's Mentoring Services,** 3846 W. Wisconsin Ave, Ste. 109. For single mothers ages 18+. Limited infant clothing, emergency diapers available. Need Wis. ID & ID or med cards for babies needing diapers. 11am-2pm 2nd & 4th Sat by appointment. 934-0216

**Father Gene's HELP Center,** 5919 W National. For clothes, call 9:30-11am M, W, or F & tell them sizes needed. You can go a week later to pick up your order. May use every 6 mos. 258-4357.

**Casa Maria**, 1131 N 21 St. garage in back. 10am-1pm Mon. & Wed. Call 1st, to be sure volunteer is there to help you. 344-5745

**Bethany-Calvary Clothes Closet,** 7265 W. Center (use east side door). Free clothes for your family (good condition). Open 10amnoon Wed. Closed in July, except on July 21, when clothes will be available during their Share Fair 11am-3pm. 258-2868

House of Peace Clothing Bank 1702 W. Walnut. Bring photo ID, bags. Need appointment. 1-4pm Mon-Fri. 933-1300

Northcott Neighborhood House, adult & children's clothing 11am-2pm M, T, W. 2460 N. 6 St., 372-3770

**COA Goldin Center** 2320 W Burleigh. 4-6pm Wed 9:30-11:30am Sat. Bring ID & proof of address. For zip 53206. 449-1757

**Risen Savior** 9505 W Brown Deer Rd. for zips: 53223, 53224, 53225 2-4pm 2nd & 4th Sat Must call 1st for appointment. 839-5630

**Children's Clothing Bank,** newborn to size 12; diapers, wipes, a few toys: 10-noon Tues & Th or by appt. 762-0552. St Stephen Family Life Center in Oak Creek, 1441 W Oakwood Rd. Serves these zip codes: 53110, 53129, 53130, 53132, 53154, 53220, 53228, 53235

Scott Christian Youth Center, 263-3177, 2741 N Teutonia. clothing/ limited supply/unsorted. 11-3:30pm Mon.-Fri. 1st come, 1st served

**Good Samaritan Outreach** 5924 W Burnham, 10-2pm T, W, Th. Need address proof (current piece of mail), photo ID for everyone in household. Food & clothes pantry. 541-7668

Bargain Center North, 8401 W Lisbon, 9:30-3:30pm Tues.- Sat

463-2595; **Bargain Center South** 5005 W Howard, 9:30-3:30pm Tues-Sat 327-2529. Both have clothing, household goods; cash only.

South location also has furniture.

**Women's Care Center**: Crib Club coupon incentives if enrolled in class for crib, car seat, stroller, clothing, diapers. See class info on p. 19. 634 W Mitchell St, 645-4050 and 1441 N Farwell 223-2610

**Milwaukee Birthright** 2025 W. Oklahoma Ste. 125, newborn clothing to 4T, layettes: must call 1 mo. (for appt.) before due date. For layettes, need photo ID and pregnancy statement. Toddler clothing every 6 months. Mon. 12:30-6pm, Tues. noon-4pm, Wed. 10- 2pm, closed Fri, Sat, Sun. See p. 18 for pregnancy services. Always call before coming. 672-5433

**Blessed Again Resale**, 7624 W. Hampton, 10am-4pm Mon-Sat, low-cost children's, maternity, adult clothing, shoes, furniture, electronics, housewares, etc. 464-9099

**Well-Rounded Maternity Center** 2455 S. Howell Ave, Bay View Maternity clothing resale and classes. See info on p. 18. 744-7001

**Economy Center** 7814 W Burleigh 9:30-4pm T-F; 'til 3 Sat. Clothes, household, books, toys, some small furniture for sale. 442-2272

**Resale Shop** run by Christ Child Society on Our Lady of Good Hope Church campus, 40th & Good Hope. Women, men, children's clothing. Reasonably priced housewares. Use parking lot facing Good Hope. 9:30-3:30pm Tues/Th, 9:30-12:30pm 1st & 3rd Sat. 540-0489

Wellington Park Lutheran Church 10-11:30am 1st Sat. of mo, Clothing is free, but \$1 donation appreciated (or bring 1 non-perishable food item). Food pantry on Sat. is by appointment only. 7017 W Medford (1 blk. north of Hampton). 461-4061.

**St. Hyacinth**, 1414 W. Becher, 4-6pm Wed. serves zips 53204 & 53215. All clothing sizes; blankets, towels, sheets, hygiene supplies, toys, winter items later. Available for visit every other month.

**RePurpose**, 8211 W. Brown Deer Rd., is stocked with donations that have been repurposed for sale: household furnishings, office furniture, clothing, gift items. 11am-7pm M-F and Sat 10am-5pm, 977-4250 Proceeds help fund the nonprofit's initiatives to train at-risk youth for the workforce. St. Charles Youth/ Family Services program

St Vincent Thrift Store 2320 W Lincoln, 9am-7pm M-F, 9am-6pm Interview attire for women/men in need: DIVA/DIVO in Bay View & northside: Must have referral from case worker, job trainer, etc. e-mailed on letterhead with a signature to michele@diva-divo.org. See criteria at www.diva-divo.org

**Bottomless Closet:** interview clothes for men & women & help with communication/interviewing skills. M-F by appt. only. 270-2984

**Free Prom Dress Giveaway:** Register at 553-3255 and provide name, dress size, grade and school. After registration, student will be notified if there is a dress available in her size. High school ID required. Sponsored by Big, Beautiful & Blessed. Event for those registered: noon-2pm Sat. Apr. 13. Free dresses, donated from the community, with tips from beauty experts. Contact Shemelian at 553-3255 for location.

**FEMA: Future Entrepreneurs Moving Ahead** program for ages 11-18 who want to be entrepreneurs. Offering spring, summer and fall programs. Apply online: www.fema.online 944-1877

# **Emergency Food Pantries**

### It's best to call 2-1-1 to find a food pantry in your area.

They will know which have adequate supplies that day to help you, and which have baby formula in stock. Also see p. 3.

### 53202, 53203, 53211

Village Church Interchange Food Pantry, 130 E Juneau, 1 block west of Water. 2-4 pm Tues; 4-7pm Wed; 9-11am Thurs; need photo ID. 273-7617

53206, 53209, 53210, 53212, 53216, 53218, 53222 to 53225 Trinity Presbyterian, 3302 N Sherman, 8:30-10:30am Tues. (or until nos. are gone); closed 1st Tues. of mo.; visit 2X per mo. 871-9440

### 53205, 53206, 53208, 53210, 53212, 53213, 53233

Spirit of Peace Lutheran Church, 5505 W Lloyd. 8:30-10am Thurs. (or until nos. are gone); closed 1st Thurs. of mo.; visit 2X per mo. 476-3189

### 53205, 53208, 53210, 53233

Central City Churches Outreach Ministry, Our Savior's Lutheran Church 3022 W Wisconsin. 9:30-11:30 M-Th. Photo ID w/address for area residents. Also, baby formula. 342-1522

### 53205, 53206, 53233

House of Peace, 1702 W Walnut, M-F 8:30-noon and 1-3:30pm; can use 1X every 30 days; bring photo ID, proof of residence, ID for each household member. Clothes 1-3pm with photo ID. Also, free legal clinic 4-6:30pm Tues. (but best to call for appointment). 933-1300

#### 53206

COA Goldin Center, 2320 W. Burleigh. 4-6pm Wed. 9:30-11:30am Sat. Bring ID & proof of address. 449-1757

### 53206

Emmaus Lutheran Church, 2818 N 23, 9:30-10:30am Wed 1st come/ 1st served; need photo ID, proofs of address & kid's ages (e.g. report card or Medicaid card) 444-6090.

### 53206, 53209, 53210, 53216

All Saints Parish, 4051 N. 25, 9am-noon Tues & Fri. Identification needed for 1st visit. Meals: 5:30-6:30pm M, T, Th. 292-0532

### 53206, 53208, 53210

Good Samaritan Church of God in Christ, 5526 W. Burleigh. Bring ID & proof of address. Tues 10am-noon; Wed 1-3pm. 444-6955

### 53210, 53216

Jewish Community Pantry: address on building is 2930 W. Center, but pantry is at 2900 W. Center. 9am-2pm Thurs.; 10am-2pm 3rd & 4th Sun. ID & proof of address (current mail) required. Infant formula: need proof of child's birth date. ID for all household members required by 2nd visit. 447-8901, answered only when pantry is open

### 53209, 53218, 53225

Silver Spring Neighborhood Center, 5460 N. 64. Food pantry: 11am-2pm M, T, W. Also, Strong Baby Sanctuary with formula and sometimes, car seats. 463-7950 ext. 70.

### 53212

Northcott Neighborhood House 10a-2pm M,T,W; bring proof of residence/photo ID for you, other ID for household members 372-3770

### 53206

Scott Christian Youth Center: 2741 N Teutonia noon-2pm 2nd & 4th

Tues. Hot meals: 10-11am M-Sat; 3:30-4:30pm M-Th & Sun. For pantry, need photo ID; age verification for kids. 263-3177

#### 53204

Christ Lutheran Church 2235 W Greenfield, 10am-noon (lines form at 9am; may close early if supply is gone) 2nd Sat of mo., food pantry, free clothes. Bring ID. 645-5138

### 53204, 53215

Hope House/Friedens 209 W Orchard, 12:30-2:30pm Tues/Th 10amnoon Sat. Bring ID & proof of residency for self & kids. 645-2122

### 53204 (south of Greenfield Ave.), 53215

St. Hyacinth/St. Anthony food pantry, 1414 W. Becher, 4-6pm Wed; need ID of everyone in household & proof of address. Can receive to a certain amount of food (value) per month. Nurse available for medical advice; social worker on hand; and personnel to register patrons for FoodShare.

St. Peter Lutheran Church, 1214 S. 8th (Scott), 3rd Sat. 10amnoon. 763-6435.

### 53204, 53215

Milw Christian Center, 807 S. 14 St. 1-3pm M-Th, 10-noon Fri. Must be in zip code 53215 or live within service area between 13th & 43rd Sts, from Pierce to College. Need ID of all in household & proof of address. 645-5350.

### 53205

Coggs Center (Friedens) 1220 W. Vliet St. Mon-Fri 8:30am-4pm. Bring ID & proof of residency for self & kids 289-6030

### 53208, south portion of 53210

United Methodist Children's Services 3910 W Lisbon, noon-4pm M, W. Photo ID adults (report card, etc for kids); proof of address for adults & kids. 344-1818

### 53223, 53224, and 53225

Risen Savior, 9505 W. Brown Deer Rd. 11:45am-1:30pm 2nd & 4th Sat. 839-5630

**South side**: live in area south of Wisconsin Ave., north of Ryan Rd between 27th & 124th Sts. **Good Samaritan Outreach Center** 5924 W Burnham, 10-2pm T, W, Th. Need address proof (current piece of mail), photo ID for everyone in household. 541-7668.

**South side**: 53207, 53221, 53235, & part of 53215 south of Becher, east of 27th St. **Bay View Community Center**, 1320 E Oklahoma 4-6pm Tues; 2:30-5:15pm Wed; 2:30-5:15pm Fri. Photo ID, proof of residency (such as utility bill or piece of official govt. mail within past 30 days), proof of income. 482-1000.

**St. Stephen Family Life Center** in Oak Creek 1441 W. Oakwood Rd 53110, 53129, 53130, 53132, 53154, 53220, 53228, 53235 for adults, children. For formula, need WIC folder. Bring proof of address, photo ID. 10am-noon Tues. & Th. or call for appt. 762-0552

**ReStore** Milw. Habitat resale stores often have great bargains. They post their latest arrivals on Facebook. *Greenfield*: 4150 S. 108 St. *West*: 3015 N. 114, Wauwatosa, 316-5650; this is the only store open Mondays. *East*: 420 S. 1, 316-5682. *South*: 4150 S. 108th St., 257-9078. *Waukesha*: 2120 E. Moreland Blvd. 262-662-6061

# Single Mother Want Ads

Single mothers may place an ad here or in bi-monthly Updates for \$1. Free to HOPE members. Send ad to admin@hopenetworkinc.org

**NOTE:** HOPE Network does not do background checks on childcare providers or clients.

### PROVIDING CHILDCARE

**My Memories, My Moments Family Daycare.** Providing stable care for families for ages 6 wks to 10 yrs. Affordable private pay, and state-certified. Also, after school and weekend care. Tanika, 807-8147

Lady Bugs Little Angels 3118 N. 7 St. Owner: Glenora, State Licensed. Now enrolling 1st and 2nd 6am-11pm, 6 weeks-12yrs. Hot nutritious home cooked meals, loving environment, educational programs (reading, math, science and art). I also participate in YoungStar CPR & Frist Aid certified. I have a loving and spacious home and yard. Call or make an appointment for a tour. 892-3719

**Need a babysitter?** I am very good with children and will give 100% of my attention to your kids. I am trustworthy, reliable, loyal, responsible, and a great, loving person. I can do simple housework. I am looking forward to working with you. Megan, 628-6812.

A Joyful Noise Childcare is currently enrolling. Our center focuses on the social/emotional, cognitive, language & physical development needed in order to be successful in life. Stop in, follow us or call to schedule a tour! 9700 W. Appleton Ave. Call Mrs. Rachel: 393-9786 M-F 5ammidnight & weekends 6am-8pm Transportation is offered (inquire about details). www.Facebook.com/Ajoyfulnoisechildcare

Little Miracles Family Daycare: 10 weeks-12 years. Weekends only; 1st & 2nd shifts. Private pay only. Nutritious meals; clean, safe environment; free transportation. 519-2345.

**Explorers of Truth Child Development** is accepting enrollment for 2 wks-8 yrs of age. 6am-6pm Mon-Fri. Accepts Wis. Shares and private pay. Warm, home-away-from home family setting. Safe and clean environment, healthy meals and snacks, weekly lesson plans. North side of Milwaukee Contact Ms. Kee-Kee 455-3156.

Safe-N-His Arms home-based childcare services: Where we care for the little people. Nutritious meals, snacks, educational training, field trips. Safe, clean, loving environment. 2nd & 3rd shifts available. 2-11pm M-F. Call Cheryl Johnson: 336-5930

Safe-N-His Arms Support Services. Prenatal & childcare coordination, infant massage, & screening for high blood pressure, glucose, or breast health. 2821 N. 4, Ste. 207. Cheryl 336-5930

**Rose's Tiny Town Family Childcare**: licensed, CDA & administrative credentials, Young Star rating: 3 stars. Educational environment, nutritious meals, nurturing provider (20+yrs. experience). 6am-10pm M-F, 6 wks-12 yrs. W-2 or private pay. Call Ms. Rose at 466-6914.

**Destiny's Child Christian Academy Daycare**, educational activities, quality childcare. Enrolling all ages. Group center with homelike oneon-one attention. Recently received Four Star certification. 535-1733

### SERVICES & NETWORKING

Imani Marie Beauty: LASH EXTENSIONS | TRAININGS | SUP-PLIES, \*Group & private trainings offered weekly\* 803-6704 @Imani\_Marie\_Beauty www.ImaniMarieBeauty.com (Mention ad for 10% discount!)

Clean your home - That is me! I do a walk-through before doing the

work on your home. Each room is \$50 and the kitchen is more. Looking forward to hearing from you soon. Megan, 628-6812.

**Do you need CPR, AED or First Aid training?** Would you like training in your facility? No class too big or too small, we teach them all. Continuing education, completion card & certificate at the end of training. Classses in a.m., p.m., 7 days a week. No need to take time off of work, we can come to your facility during nap time, lunch time, etc. We offer a DISCOUNT on certification classes for 10 or more participants.

**FREE non-certified CPR/First Aid classes** for mothers, grandmothers, or anyone who doesn't need certification but would love to learn the skills to keep their family safe.

Other training offered: SIDS (sudden infant death syndrome), Shaken Baby Syndrome, blood borne pathogens, CPR Pro, Medication Administer. Call Heart 2 Heart Basic medical training today at: 933-2323.

Face Painting Art Designs by Ms. Gabrielle Howard-Brown for birthday parties \$60 (larger events may cost more), reunions, church events, holidays. Water-soluble, non-toxic paint. For special circumstances price is negotiable. Text to 921-8609 or email gabrielleandson1@yahoo.com

Aisha Event Planning offers services for graduations, family events, birthdays, etc. Reasonable prices. Call Aisha, 519-2345.

**Character Parties:** Are you planning a party for your child and want to add that special touch? Call *Let's Party* and invite one of our characters to party with your child & guests! Teenage Mutant Ninja Turtles, Frozen, Mickey & Minnie, & more. Call today for booking and prices 366-1118

Tammy does hair weaves (sew-ins) for \$30. 988-4467.

**Party Coordinator** I'll make your party fun with games and prizes to keep your guests entertained. Call me for birthday parties, baby showers, bachelorette parties, etc. \$60 per hr./ \$40 for 30 mins. Renee 899-0973

**Marlita Media Photography** for every stage of life, inc. maternity, newborns, families, weddings, birthdays, reunions, graduations. I love producing beautiful pieces of art for my clients that preserve their precious memories. Affordable; flexible schedule. Marlita 394-5565

I have a **lifestyle management business** where I also offer self-care products through my ecommerce store and local vending opportunities. I'll help you live a positive, healthy, and stress-free life from a holistic approach. Lifestyle management services start at \$30/hr. Self-care products range from healing stones/crystals to journals. For more information, please visit privylifestyleservicesllc.com and follow PrivyLifestyleServicesLLC on Instagram and Facebook

### **Bay View Community Center**

1320 E. Oklahoma. www.bayviewcenter.org Register ahead: 482-1000 \*Scholarships & reduced fees are available.

Drop-in play groups. For infants thru age 6, 9:30am-noon Tues, Thurs. or Fri. For infants thru age 6 on the weekend: 10am-noon Sat. (not on 4/6, 4/20, 5/25). For ages 3-9: 1:30-4:30pm Wed.

For infants thru age 3. 9:30-noon Mon. All \$1/day or \$8 for the series,

Pre-School Playhouse: ages 3-5, 10-11:30am Tues. Mar. 26-May 14 (not 4/16 or 4/23). \$36 per 6-week session. Reduced fees available. Children learn preschool readiness skills while having fun.

**Earth Day** Family Morning of Service Learning 9:30-12:30pm April 22. For families with children of all ages. Free, but registration required. Hands-on learning activities, short neighborhood clean-up, followed by lunch and board games or free play in the Children's Room.

**Sign with Your Baby.** 5:15-6:15pm Two sessions: Apr. 8, 15, 29 and May 6, 13, 20. \$35 per session; reduced fees available. Children 2 and under are welcome. Registration required.

Make and Take Art Class - Mother's Day Surprise: 10-11am May 9. Ages 2-6 with parent or caregiver. Free, but registration required.

## Summer camps: some free, others have scholarships

Apply now! Some camps offer scholarships that are first come, first served. Read how one single grandmother gets it done in her column on p. 7. See more camps on right, and on p. 12.

### PEAK Initiative summer camps are free!

Day camps are at the PEAK Program Center in Tiefenthaler Park, Cherry/Galena Sts., and other partner locations. Lake Valley resident camp is in Boscobel in western Wis. on 650 acres. Camps are free, but a refundable deposit of \$10 is required for each week of camp. Priority is given to previous participants, those attending PEAK's partner schools, and residents of 53205, but any Milwaukee resident aged 7-17 can submit an application.

New families and those attending resident camp for the first time must attend an orientation at 2480 W. Cherry St. Orientations are 10am-11am Apr. 20, 5:30-6:30pm May 23, or 10-11am June 8. RSVP: 431-4508.

Day Camp Bus Stops are at MCP School, 2449 N. 36, and Prince of Peace School, 1114 S. 25. Before Care 8-9am and After Care 3:30-5:15pm will be at the Salvation Army, 1645 N 25

### Summer Camp at Urban Ecology Center

Enjoy healthy outdoor fun with kids from all over the city. Explore the secrets of nature by looking under logs, hiking in the woods, climbing trees, building forts, creating art projects, taking pictures...

UEC accepts Wis. Shares Child Care Assistance. Almost half of their 800 spots are reserved for families in need of scholarships. Another benefit: Yearly family memberships at UEC are free to those who are approved for a scholarship and successfully register for a camp. Visit urbanecologycenter.org/summercamp/scholarship to apply. Spaces are limited.

Preschool thru middle school week-long day camps held at all 3

UEC branches: Riverside Park, Washington Park, and Menomonee Valley. Camp info: Urbanecologycenter.org/summercamp



**All Hands Boatworks:** RiverVentures 1-Week Camps: June 17-21, 24-28, & July 29-Aug 2. FREE to students living in Mil-waukee, ages 12-17. Boat building, rowing, sailing. no swimming required. Learn about careers in carpentry, water tech, and environmental science. 262-290-0228 www.allhandsboatworks.org.

**Discovery World:** 1st-8th graders can explore new ideas, design, make things; week long camps; scholarships are 1st come, 1st served apply now www.discoveryworld.org/learning/summer-camp/

**Zoo:** Summer camps through the Zoological Society of Milwaukee are fun-filled educational programs for children of all ages. These camps are interactive and include hands-on learning in addition to a trip out into the Zoo. A limited number of financial aid scholarships are available. Families with children ages 2 to 14 may apply at: www.zoosociety.org/Education/SummerScholarships.php

**Operation DREAM**: free summer opportunities for boys and young men living in the city of Milwaukee who are primarily of color, from kindergarten through high school. Programs include: a 12-session entrepreneurship camp at the Holton Youth + Family Center, summer day camps, week-long overnight camps, soc-

cer via Simba's SC, basketball clinics via Cream City Skills, artistic enrichment and other field trips. For consideration in these programs, call the office at 226-5305 to confirm availability, then register your son



online at www.operation-dream.org/registration

**Summer Recreation Enrichment Camps** thru MPS Milw. Rec. Info not finalized. Last year, each week had a different theme of sports, games, arts & crafts, fine arts, outdoor education, math & reading enrichment, clubs, field trips. Partial or full day camps were available. Ages 3-12. Call 475-8701 or visit website later in April: MilwaukeeRecreation.net/srec for camp fees and other details

**COA summer camps:** Camp Helen Brachman in central Wis. Archery, canoeing, camping, games, friendship, and more! Make memories to last a lifetime, for ages 8-15 Three 12-day sessions: June 22- July 3, July 6-17, & July 20-31 One six-day session: Aug. 3-8. Scholarship forms at 909 E North Ave. 263-8383 coa-yfc.org

Journey House/Longfellow Summer Camp for ages 5-16. 8:30am-4pm June 17-July 26. \$50 per child; additional children \$10 each. 7-8:30am early camp \$5 each week; 4-6pm late camp \$5 each week. 2110 W. Scott. 647-0548 or cfelski@journeyhouse.org

**Peacemakers Day Camp**: 8:30am-1:30pm July 15-19 or July 22-26 (choose one week) Quaker Friends Meetinghouse, 3224 N. Gordon Place in Riverwest. For ages 6-12. Focuses on gentle, non-violent conflict resolution, team building, feeling talk/communication skills for children. Nonreligious. Children bring their own lunch. Recommended by a HOPE Network mother. Info: Janet, 324-1650, or George 313-9579. Cost for the week: sliding scale of \$20-50. www.peacemakerscamp.org

**Y Day Camp:** at 5 sites for ages 4-12. Scholarships are available and Wis. Shares state and county funding accepted; call 224-9622 for info. Camp dates June 10-Aug 23. Each camp offers traditional, sports, and specialty camps, and Northwest YMCA also has an adaptive camp. Camps offer free before- and after-care, weekly field trips, free breakfast and lunch, and discounted swim lessons option at Rite-Hite. Bus transportation from a pick-up site for each camp is available. Camp sites: Northwest YMCA, 9050 N. Swan Rd. Parklawn YMCA, 4340 N 46th St. Rite-Hite Family YMCA, 9250 N. Green Bay Rd. Maple-Dale School YMCA, 8377 N Port Washington Rd. Wilson Park YMCA, 1601 W Howard, Milwaukee.

**Danceworks:** Summer Creative Arts Camps integrate dance and visual art along with music, creative drama and creative writing into one program; Designed for ages 3-12 programming is inclusive of all abilities and learning styles. Need-based scholarships available. Visit danceworksmke.org or call 277-8480 for more details.

**Black Arts MKE:** *free* youth performing arts all-day camp July 8-Aug. 2. Musical theater experience for low income City of Milwaukee youth ages 12 to 18. 9am-4pm. Taught by performers/teachers from Bronzeville Arts Ensemble and Black Arts MKE. Free and includes meals; aimed at families who cannot afford camp. At the Marcus Center, where the final performance will be staged. 270-4494. For info or application, email info@blackartsmke.org



**UWM Pre-College Art & Design** provides collegeprep art instruction to high school students. Classes for Grades 10 & up (as of Sept. 2019) are 9am-noon: Drawing July 8-12; Sculpture July 15-19; Photography July 22-26. For 9th graders, aft class July 15-19. Supplies; bus pass as needed. Field trips & workshops: \$5. Sliding scale per course, with scholarship: \$30 MPS students, \$85 non-MPS. If you need more financial aid, email artseco-precollege@uwm.edu noting your special circumstances. Register: uwm.edu/arts/arts-eco/ go to "Pre-College" tab. Scholarship application will be sent with packet.

### Heartfelt thanks to our volunteers, donors We're grateful to our many donors Mary Grenier Palmer Family Foundation: Jean Wisc

We're grateful to our many donors from Dec. 1 through Feb. 28. We value all contributions, whether money or goods, time or talent.

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Wisconsin Right to Life Mary Witzlib Terre Woodward Marianne Wrocklage Sue Yenter Mike & Janet Zimmermann

### In Memory Of

Jerry Hoerig by Craig & Nancy Holdmann Allan and Jane Lorge Susan and Jeffrey Boardman

Robert Kersten by Suzanne Moscicke Waukesha Pediatric Associates

R. Moscicke by Suzanne Moscicke

Jim Yenter by Michael & Gail Sweet

For the Rachel Holley Sciortino Educational Grant: Marie Holley Anthony Sciortino Karen Ritter

For the Edmund Springman Educational Grant: Gary Springman Stephen Springman AJ Star

#### A special thank you to Versona in Wauwatosa

for providing several boxes of beautiful new clothing and accessories to the Mothers Trading Post. Because of these donations, HOPE Network mothers can greet spring in style if and when it finally arrives.

#### **Remember HOPE** Network

Please consider including HOPE Network in your estate planning, or in a directive to your family. Estate bequests, both large and small, play a vital role in supporting HOPE Network.

### CHANGE SERVICE REQUESTED

### How can HOPE Network help you?

We are here to help single mothers in Milwaukee, Waukesha, and counties surrounding Milwaukee.

#### Our programs

- -- help give single mothers a sense of community
- -- help them enhance their parenting skills and develop self-reliance
- -- aid them in planning a future for themselves and their children.

#### HOPE Network provides

- \* this quarterly resource news magazine
- \* safe sleep education and new portable cribs
- \* scholarships \* a clothing bank
- \* occasional tickets for family outings

HOPE Network is a volunteer-based grass-roots support system founded in 1982 by local resident Gail Grenier Sweet. It provides emotional, educational, and material support to single pregnant women and single mothers, as well as to other single females who are raising children (grandmothers, aunts, and so on). Call us at 262-251-7333; email info@hopenetworkinc.org



### Earn high school diploma, plus career certificate

Career Online High School offers adults the opportunity to complete their high school education and gain career training.

Scholarships for this accredited online program are available through the Milwaukee Public Library. To be eligible, applicants must be at least 23 years of age, City of Milwaukee residents, and have completed the 8th grade.

Students who are accepted after passing an assessment have the opportunity to earn a high school diploma while gaining real-world career training through a flexible and supportive online program. They will choose a major from one of 10 high-growth, high-demand career fields, such as certified protection officer, child care and education, commercial driving, food & hospitality and office management.

Students will be assigned an academic coach, and tutoring, computer coaching, and free computer classes are offered by the library. Average time to complete the course is 12 months. You can use a desktop, laptop, tablet or iPad. (or library computer). For information, visit MPL.org/cohs or call 286-8475.



# Send a single mother to college!

HOPE Network has awarded \$115,700 in scholarships to 108 women since 1988 – including ten in 2018!

With your help, we plan to award eight scholarships of \$1,500 each in 2019. Donate to the scholarship fund at www.hopenetworkinc.org or use the form below. Thank you for helping to build strong futures for single mothers and their families!

**Moms Parenting Alone** is a ministry for single moms that meets 9-11am Saturdays at Crossway Church in Sussex. We want you to know that you are loved, that you are not alone and that you have value and purpose. After breakfast, watch and discuss various DVD series Childcare provided. Register: Karen: khammersmith@wi.rr. com or call 262-389-9499. Church is at N64 W22680 State Hwy 74.

**\$1,000 scholarship** offered by the General Federation of the Women's Club of Wis. Lakeshore District. You must be starting sophomore, junior or senior year this Sept. Applicants must send proof of GPA of 2.5 or better; be Milw. or Ozaukee Co. resident; send 2 letters of recommendation and personal statement; be full-time student in art, education, international or health. Include name, address, county, name/address of college attending, student ID, year of expected graduation, and degree you are pursuing. Applications should be emailed by March 31, to: wood-dennis@att.net

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News magazine Scholarships	
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\_\_\_\_ Signature \_\_\_\_\_

HOPE Network, P.O. Box 531, Menomonee Falls, WI 53052